



sognefjord



2022/2023

www.sognefjord.no



VISIT
NORWAY
.NO

Welcome to the Sognefjord - the whole year round!

Sognefjorden - The world's longest and deepest fjord adventure - "King of the fjords", 204 km long and 1308 meters deep, meanwhile the mountains surrounding it are up to 1800 meter tall. The Sognefjord is said to be the most dramatic and rich in content of all the world's fjords. Here the fjord meets glaciers and vast mountains, year round open Flåmsbana - one of the world's steepest railway lines, Jostedalbreen national park - North Europe's largest mainland glacier, Jotunheimen - with the largest mountains in Scandinavia, Norway's most famed bikingrange - Rallavegen, two of the biggest waterfalls in Scandinavia; Vettifossen and Feigefossen, UNESCO Urnes Stave church, Aurlandsdalen - elected by National Geographic as the world's most beautiful untouched travel destination. Kayaking, glacier centers, RIB-Trips and overnight stays with views of fjords.

Swimming facilities, fjord paddling, family trips to glaciers, museums, Vitemeir centers, indoor play centers and much more for the young ones. Here you will find marked hiking trails and mountain peak walks for all. Gastronomic round tours in Sogn with the recognized Ciderhuset, Sognaplanken, Vikingmeny, and unique food experiences at the hotels and restaurants. Njardarheimr Viking Village, shows authentic viking traditions in Sogn.

Fjærlandsfjorden - The world's most beautiful fjord to watch glaciers from - Lusterfjorden - a pearl at the foot of the Jotunheim - Årdalsfjorden - with the Utladal as a paradise for wandering and biking - and the "Vandreveg" with its 1000 meters. Finnabotn - an oasis, completely unique, completely solitary. Three national tourist trails; Gaularfjellsvegen, Sognefjellsvegen from 0 - 1434 metres above sea level and Aurlandsfjellet.

During the fall the air is clear, nature switches shades to yellow and red - the best time for cycling and strolling. The winter fjord offers the blue hour, unique fjord lighting with snow covered mountain tops in contrast. It has been said, that we have the best powder snow, the warm air from the fjords ensures that, guided Randonnee trips with the best fjord view. Snowshoe excursion, fine skiing facilities, cross country skiing trails, winter RIB tours, fjord cruises and ice cave excursion under a glacier. Then the spring comes, with fruits blooming and with snow covered mountains.

Welcome home to us in the Sognefjord! Here many generations of local owners stand ready to welcome you with warm hearts and care.

Heidi Hauge
Reiselivsdirektør, Visit Sognefjord AS



Anestolen ©VERI Media

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Contact us

Visit Sognefjord AS
Fosshaugane Campus
Trolladalen 30, NO-6856 Sogndal
info@sognefjord.no
sognefjord.no
App: visitnorway
f /visitsognefjord
@visitsognefjord



Visit Sognefjord has
environmental certification

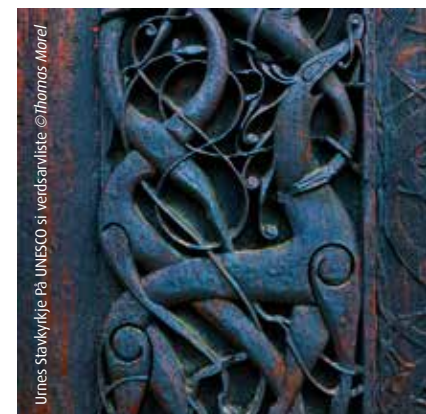


Sognefjord - major national attractions

The longest fjord, the Sognefjord, lies in the heart of Fjord Norway and extends to the foot of the Jotunheimen and Jostedalbreen National Parks. The area is both dramatic and hospitable, with exciting and invigorating activities for the whole family.



The Flåm Railway - ©sverrehjørnevik.com / Norway's Best



Urnes Stavkyrkje på UNESCO si verdensarvliste ©Thomas Morel



The Future of the fjords - Narøyfjorden ©Sverrehjørnevik / Norway's Best



Nigardsbreen ©Vegard Aasen VERI Media



Melsnipa Fjærland ©Siri Tautra

LONGEST | BIGGEST | HIGHEST | OLDEST



Molden ©Vegard Aasen VERI Media



Stegastein Viewpoint, Aurland - ©Sverre Hjørnevik, Fjord Norway



Lærdalsøyri, Lærdal ©Vegard Aasen, Veri Media

Sognefjord - Autumn and Winter

Sognefjorden has the best off-piste areas, good ski lifts and unique Fjord experience all year. The road to Jostedal and Jotunheimen is short, where you find tours and guides that are highly valued.



GUIDED TOURS AND COURSES

The Sognefjord invites you to amazing free skiing nature, as from the mountain top to the fjord. You will find experienced guides that take you to the best snow, and offer guiding and courses for all levels. Snowshoe-tours, iceclimbing courses, avalanche courses and tours to the magical caves under the Nigardsglacier are some of the things you can do! The Fjellsportfestival which translates to Mountainsportfestival, is located in Sogndal and has become the winter highlight during winter for locals and guests of the fjord.



ACTIVITIES

The Sognefjord is the center for adventurous experiences where you are close to nature, in a kayak or a RIB-tour during Autumn, and in winter with the snow covered mountains. Explore the fjord with a bike during Autumn, or try the biketrails close to the fjord. Perceive the colours of the Autumn in the fantastic tour areas in Jotunheimen Nationalpark with the Hurrungane and Utladalen in Årdal, Stølshimmen, Aurlandsvalley, Rallarway, Molden and many more...



THE WINTERFJORD

Cruises in the UNESCO world heritage Nærøyfjord during the Autumn and Winter, gives experiences with fjordlight and the brilliant area with steep mountains, wild waterfalls and the vivid cultural landscape. Flåmsrailway is crowned as one of the worlds most beautiful railwaydistances and is open all year round. In addition there are many other activities that are open all year, per example the viewpoint of Stegastein.



SKI RESORTS

There are several resorts in the Sognefjord, but mainly Sogndal skicenter and Sogn Skicenter which lies only 25 minutes from each other, with one joint pass. The centers have different skilevels and fulfill each other perfectly. You will find childrenparks, cross-country and lighted trails, large off-piste areas and groomed skiing for learners and experienced skiers. Skitours into the UNESCO world heritage, Off-piste with a fjord view and Vetti area with the glaciers kingdom in Årdal.

The Sognefjord is beautiful - all four seasons



During spring the waterfalls are large, fruit trees in blossom, mountaintops still white with frost and the air is crispy clear.

Summertime in the fjord brings a variation of experiences, as the cruise in UNESCO World Heritage Nærøyfjord, visit the stave churches and let the guides give a hike on the Jostedalsglacier.

In Autumn the Sognefjord is covered with all the strong colours, red and yellow in the mountainarea, and later by the fjords. This is the best time for hiking the mountains, and go berry picking.

The Winterfjord gives you fjordexperiences, the magical blue ice caves under the glacier, off-piste skiing, fjordlight, snowshoe tours, alpineresorts and guided tours to the steep mountains.





Vik ©Vegard Aasen, VERI Media

The Sognefjord

- and the beautiful fjord arms

The more than 204 km long Sognefjord lies in the heart of Fjord Norway, and is the longest and deepest fjord in Norway. At its deepest, the fjord plunges to more than 1,300 m and the mountains along the fjord rise to more than 1,700 m.

The Sognefjord has several distinctive fjord arms winding their way between steep mountains to end in small, picturesque villages. One of the most well known branches of the Sognefjord is the narrow Nærøyfjord, which is included on UNESCO's World Heritage List. You can choose between different boat trips to experience the beauty of the fjords all year round. Other tempting fjord activities are kayaking, fjord rafting, angling, rowing, swimming and much more.

The Sogn Fjord Museum at Kaupanger tells the story of life beside the fjord, and the Sognefjord Aquarium gives you a picture of life in the fjord itself.

Highlights



The West Norwegian Fjords

Since 2005, the area defined as the West Norwegian Fjords, comprising the Geirangerfjord, Nærøyfjord and Aurlandsfjord, has been included on UNESCO's World Heritage List of the world's cultural and natural heritage of outstanding universal value. The world heritage value of the Nærøyfjord area can be summed up as follows: a fjord landscape with active geological processes, a rich flora and fauna, and a beautiful natural landscape from fjord to mountains, with glaciers, forests, waterfalls and free-flowing rivers, and a cultural landscape that adds perspective to the natural landscape.



UNESCO Nærøyfjorden ©Gudvangen Fjordfell

Nærøyfjord - narrow and dramatic

The Nærøyfjord is the narrowest, wildest and most famous of the fjord arms, and is a UNESCO World Heritage Site. The surrounding mountains rise steeply to reach towering heights and create a unique magical atmosphere. A ferry trip on the Nærøyfjord, from Kaupanger to Gudvangen, and a passengerboat from Flåm/Aurland, will take you through some of the most spectacular scenery in Norway.

Lusterfjord - inland towards the Jotunheimen, Breheimen and Jostedalbreen

The landscape around the Lusterfjord is very picturesque, and many great artists have been inspired by the unique beauty of its scenery. The Lusterfjord extends all the way to the foot of the Jotunheimen and Breheimen mountains and the

Jostedalbreen glacier, and from Skjolden in the East to Solund in the West the Sognefjord measures an impressive 204 kilometres.

Fjærlandsfjord - inland towards the Jostedalbreen Glacier

This beautiful fjord arm extends almost all the way up to the glacier tongues that reach down to the village of Fjærland, and most of the year the fjord has a beautiful bright green colour because of the meltwater from the glaciers that flows into the fjord.

Finnafjord - roadless and exotic

At the head of the distinctive Finnafjord, the mountains are steep and the scenery is spectacular. The famous cheese-maker Synnøve Finden was born and brought up beside this lovely fjord.



«Hiking buses» around the Sognefjord

Public transport to and from amazing hiking areas to Aurlandsdalen Valley, Jotunheimen National park, Jostedalbreen glacier/National park and National tourist route Sognefjellet. Route information: www.kringom.no/?lang=en and www.google.com daily departures:

Aurlandsdalen Valley:

(route 23-490 Gudvangen – Flåm Aurlandsdalen – Hallingdal and local route 490)
Extra routes: Flåm – Østerbø – Flåm.

Jotunheimen National park and Utladalen valley:

(route I4-I27 Øvre Årdal – Hjelle – Turtagrø)

Jostedalbreen National park, Nigardsbreen glacier:

(route I44 Sogndal – Lom – Otta)

Jostedalbreen National park, Bøyabreen and Supphellebreen glaciers:

(route www.fjaerland.org «Transport»)

Sognefjellet, National tourist route:

(route I44 Sogndal – Lom – Otta)



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Getting to and around the Sognefjord

By car: www.vegvesen.no and www.maps.google.no

By air: www.wideroe.no, www.scandinavianskies.net, www.seaplanes.no

Express boat: www.norled.no

Express buses: www.vy.no and www.nor-way.no

Train: www.vy.no or www.norwaysbest.com

To Norway:

By air: incoming flights to Bergen and Oslo Airport

Ferry: www.colorline.com, www.dfds.no, www.fjordline.com, www.stenaline.no



Stegastein, Nasjonal turistveg Aurlandsfjellet ©Sverre Hjørnevik, Fjord Norway



Tindevegen - ©Dick Brunsvold

National Tourist Routes in Sognefjord



Nasjonal turistveg Sognefjellet ©Werner Harstad / Statens vegvesen

NATIONAL TOURIST ROUTE AURLANDSFJELLET

You will see snow lying beside the road during most of the summer, which is why the road is often called the 'Snow Road'. The route has attractions such as the artwork 'Den' (Bjørnehiet) and the spectacular Stegastein viewing platform, and it is famous for its breathtaking views. The road from Aurland to the Stegastein viewpoint is open all year.

NATIONAL TOURIST ROUTE GAULARFJELLET

The Gaularfjellet mountains lie to the north of Balestrand, and the road from Balestrand to Moskog (near Førde) and Eldalosen - Sande passes through them. On the Balestrand side, the road twists and turns through nine hairpin bends. There are many beautiful rivers and waterfalls along the route. On the top, the spectacular viewpoint «Utsikten» was opened in 2016.

NATIONAL TOURIST ROUTE SOGNEFJELLET

Route 55 across the Sognefjell mountain area between Luster and Lom is the highest and most impressive mountain pass in Northern Europe (highest point 1430 meters), and it has been awarded the status of National Tourist Route because of the spectacular and wild mountain scenery it passes through in the Jotunheimen National Park.

www.nasjonaleturistveger.no



"Utsikten", Nasjonal turistveg Gaularfjellet. ©Jiri Havran

Other nice mountain passes

TINDEVEGEN

A beautiful mountain road between Øvre Årdal and Turtagro, with great views of magnificent scenery and the impressive peaks of the Jotunheimen mountains. Just a short walk from the road, you can enjoy fantastic panoramic views of the Hurrungane peaks and Store Skagastølstind mountain in the east, and of the inner reaches of the Sognefjord and Skjolden in the west. Tindevegen is a toll road for motorbikes, private cars, camper vans and caravans.

VIKAFJELLSVEGEN (STØLSHEIMEN)

The road through the mountain area between Vik and Vinje/Voss (route I3) provides an ideal base for hikes in both the Vikafjellet and the Stølsheimen mountains, where there are many old summer pasture farms set in hilly terrain. All of the old mountain pasture

Most roads are open all year, but some are closed during the winter months. For information about current road conditions, please call (+47) 815 48 991 (hold for information in English). For information on bus services across the mountains, please call (+47) 57 65 95 12 or visit www.kringom.no and www.vy.no



Stølsheimen ©Thomas Morel



Nigardsbreen, Jostedalen ©Vegard Aasen / VERI Media

The Jostedalsbreen National Park – and the beautiful glacier arms

At 500 square kilometres, Jostedalsbreen is the largest glacier in mainland Europe. This gigantic mass of ice covers mountain peaks and deep valleys in the National Park and its spectacular arms of blue ice extend down to the lush valleys near our fjords. Many people are amazed when they realize how accessible these glacier arms are, and discover that it can be almost as warm by the ice as it is down by the fjord.

In Jostedal, Fjærland and several other places, you can enjoy glacier walks, led by experienced guides who know the area like the palm of their hands. On the Nigardsbreen glacier in Jostedal, daily family walks are among activities organised throughout the summer. Visit the national park centers Norwegian Glacier Museum and the Breheimsenteret (Jostedal Glacier Visitors Centre) to learn more about the Jostedalsbreen National Park.

Highlights

NIGARDSBREEN GLACIER, JOSTEDAL

This is one of the most accessible glaciers, where you can peer into the blue ice at very close range, and everyone above the age of six can join guides on glacier walks. You can also walk alongside the lake. Children above 8 years old can participate.

FLATBREEN / SUPHELLEBREEN GLACIER, FJÆRLAND

The Flatbreen glacier can be seen from the fjord, and can be reached on foot. The beautiful walk up to the glacier and the Flatbrehytta cabin takes about 3 hours. Guided glacier walks on Flatbreen can be ordered. You can drive by car to Supphellebreen.

BERGSETBREEN GLACIER, JOSTEDAL

The spectacular Bergset glacier, only an hour's easy walk from the road, is one of the most beautiful and impressive glacier arms.

AUSTERDALSBREEN GLACIER, VEITASTROND

"The finest ice scenery in Europe", said the English mountaineer W.C. Slingsby about Austerdalsbreen and the three ice falls called Loke, Odin and Tor.



Breheimssenteret, Jostedal - ©Vegard Aasen / VERI Media



Norwegian Glacier Museum, Fjærland - ©Gaute Dvergsdal Boyum

In 2008, Luster municipality with its tree national parks (Jotunheimen, Jostedalsbreen and Breheimen) was designated a national park municipality. This is a hallmark of significance and administrative areas granted this status encompass large and invaluable wilderness areas.





Nigardsbreen ©Sverre Hjørnevik

BØYABREEN GLACIER, FJÆRLAND

You can see the Bøyabreen at quite close range from the main road in Fjærland, or admire it from the Brævasshytta restaurant, even closer to the ice.

GUIDED GLACIER WALKS

If you join a guided glacier walk you can visit several other beautiful glacier arms, both in Jotunheimen and in Jostedal (for instance the Austdalsbreen and the Tunsbergdalsbreen).

Be aware that the glacial ice is always in motion and blocks of ice can break off from the glacier front. Never hike on the glacier without a local guide or venture past the barriers that have been erected.

Transport to the Glacier

JOSTEDALSBREBUSSEN – THE JOSTEDALSBREEN GLACIER BUS

- Daily departures Sogndal – Nigardsbreen (Jostedal).
- Connections from Balestrand, Leikanger, Vik, Flåm, Lærdal, Årdal and other places.
- A great opportunity for glacier walking, kayaking, canyoning, rafting or just admire the glacier and visit the Breheimsenteret.
- Tickets can be purchased on board the bus.

BREBÅTEN - THE GLACIER BOAT, JOSTEDAL

- Season: Daily from approx 10 June – 30 Sept (usually 10 – 18)
- Provides a daytime shuttle service in the summer season between the car park at Nigardsbrevatnet lake and the Nigardsbreen glacier.
- Tickets can be purchased on board the boat.

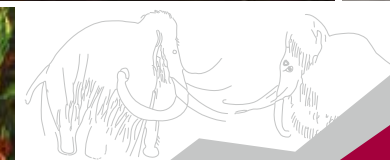
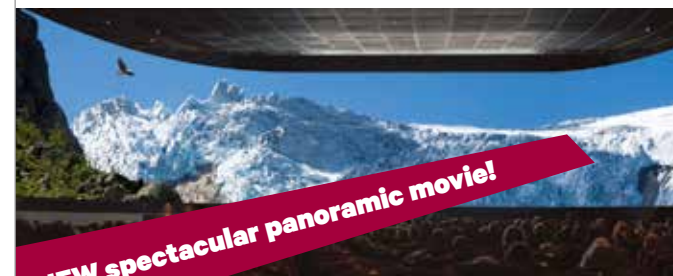
BREBUSSEN – THE GLACIER BUS, FJÆRLAND

- Daily service starting from the ferry landing in Mundal and going via the Norwegian Glacier Museum to the Bøyabreen and Supphellebreen glaciers, with connections from Sogndal, Flåm, Balestrand and other places in the summer season.
- A great opportunity to see the glacier and visit the Norwegian Glacier Museum etc.
- Season: June, July, August.
- Tickets can be purchased on board the bus.

NB: changes in the bus route offer may occur due to restrictions related to the corona pandemic. Check kringom.no for updated timetable



THE NORWEGIAN GLACIER MUSEUM & Ulltveit-Moe climate centre



Opening hours:

April – May – September – October: 10:00 – 16:00
June – July – August: 09:00 – 19:00
November – March: At request

www.bre.museum.no

N-6848 Fjærland, Norway | tel: +47 57 69 32 88 | e-mail post@bre.museum.no

Café | Free parking | Charging station electric cars



Jotunheimen Nasjonalpark - ©Sverre Hjørnevik Fjord Norge AS / fjordnorway.com

The Jotunheimen National Park - and other beautiful mountain areas

You can ramble beside the fjord, follow culture trails and historical roads or head for the mountains and enjoy unique views of the fjord, mountains and glaciers. Many places also offer guided treks, walks, glacier walking and climbing

LARGE NETWORK OF PATHS AND MOUNTAIN CABINS

The Norwegian Trekking Association (DNT) has many waymarked trails and welcoming staffed lodges and cabins in the mountains around the fjord, and Luster is the municipality in Norway with most DNT cabins. The standard ranges from rather luxurious staffed lodges that serve meals to simple selfservice cabins. You can walk from cabin to cabin or use the cabins as a base for day hikes in the mountains.

SEASONS AND WEATHER

The Sognefjord is a great area for outdoor pursuits all year round, but July, August and September are the very best months for walking in the mountains. Remember that the weather changes faster in the mountains than in the lowlands and that you may be surprised by sudden storms and mist.

AURLANDSDALEN

The track through the legendary Aurlandsdalen valley is one of the ancient routes between Eastern and Western Norway. Beautiful and wild, rich in flora and fauna, cultural heritage, history, varied geology and good trout fishing. You can go walking for several days and stay overnight in trekking association cabins in the valley, or go on

shorter walks based on travelling by bus or using your own car.

BREHEIMEN NATIONAL PARK

Breheimen is the mountain area between the two national parks of Jotunheimen and Jostedalbreen. The walk through the Mørkridsdalen valley is regarded as one of the most beautiful in Norway, and the Norwegian Trekking Association has voted it the walk with the richest flora. There are many summer pasture farms and large fishing lakes in the area, which are used extensively by both the locals and visitors.

JOSTEDALSMBREEN NATIONAL PARK - THE LARGEST GLACIER

Almost half of the Jostedalbreen National Park is covered by the Jostedalbreen glacier, which is the largest glacier in mainland Europe.

JOTUNHEIMEN NATIONAL PARK - THE HIGHEST MOUNTAINS IN NORWAY

The whole of the Jotunheimen National Park consists of high mountains and glaciers, and it is here that you find Norway's highest mountains.

The three highest peaks are Galdhøpiggen (2,469 m), Glittertind (2,465 m) and Store Skagastølstind (2,405 m). A drive along the national tourist road over the Sognefjell mountain between Lom in the East and Luster in the West gives you a close up view of Store Skagastølstind (Storen) and many other impressive peaks. In the summer season there is a bus service twice a day across the Sognefjell Road from Otta to Sogndal with correspondence from Oslo and Trondheim.



Aurlandsdalen - ©Thomas Rasmus Skaug



Camping i Jotunheimen - ©Sverre Hjørnevik / fjordnorway.com

KONGEVEGEN

Kongevegen, the old King's Road over the Filefjell mountain pass was completed in 1793. It was the first road between Eastern and Western Norway. The road, which is a valuable part of Norway's cultural heritage, runs east from Lærdalsøyri to the village of Vang in the Valdres area and is approximately 80 km long. Here, you can go on short or long walks, and it will be possible to cycle some sections of the road. Along the whole valley from Filefjell down to Lærdal, there are waymarked historical sections of the road that make ideal walks. The best known section is Vindhellavegen, which starts near Borgund Stave Church.



THE UTLADALEN VALLEY

The Utladalen valley is wild and dramatic. It is surrounded by the highest mountain area in Norway, with many summits of more than 2,000 metres. Here, you will find Vettisfossen, which, with a free fall of 275 metres, is the highest waterfall in Northern Europe. Utladalen is one of the deepest valleys in Europe, and visitors find its wild and fertile scenery spellbinding.



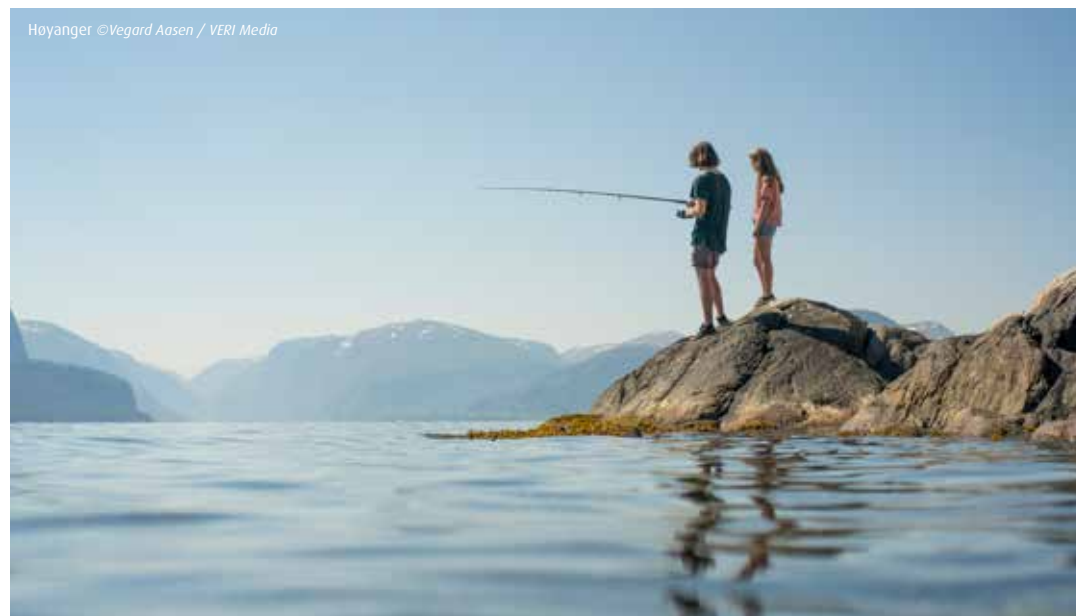
STØLSHEIMEN

The Stølsheimen landscape preservation area is a mountain area with many summer pasture farms in hilly terrain bordering on a spectacular fjord landscape. Within the protected area you will also

find the roadless and exotic Finna fjord in the municipality of Vik.

There are plenty of other attractive mountain areas around the fjord. Contact the tourist information offices for more information.

Høyanger ©Vegard Aasen / VERI Media



Fishing

There is a great variety of lakes, streams and rivers in the Sognefjord region. Most of the lakes are in the mountains, and the region is therefore ideal for visitors who like to combine fishing and hiking. The mountain trout you can catch in these clear, freshwater lakes is considered a delicacy.

There are several rivers along the fjord where you can fish for salmon or sea trout. The area has a long tradition of fishing, and salmon rivers have enjoyed high status among anglers for more than a century. Fishing in the fjord is free throughout the year, and you may catch sea trout, cod, haddock, whiting and more.

There are some organized fishing trips you can join or you can rent a boat or fish from shore. Many accommodation sites along the fjord and lakes also have boats for their guests.

NORWEGIAN FISHING LICENCE FEE


Before purchasing a permit for a lake or river containing salmon and sea trout, you have to pay the Norwegian fishing licence fee at a post office or at internet (www.inatur.no/fiskeravgift). Salmon are protected in some places, but you can nevertheless fish for sea trout in these lakes and rivers.

SEASON

You can normally fish in the mountain lakes as soon as the ice on the lakes has melted in spring, and in most lakes and rivers containing salmon and sea trout the fishing season is from approx. 1 July to 15 September.



Mountain walk suggestions



	MOUNTAIN WALK	PLACE	TOTAL WALKING TIME	LEVEL OF DIFFICULTY	HIGHLIGHTS
1	Bergsetbreen	Krundalen/ Jostedal	2-3 h		Glacier view, one of Norway's loveliest walks for familie
2	Saurdal valley	Saurdalen/Balestrand	3-4 h		Easy and accessible area with many alternatively routes
3	Fugle fjell	Lavik/Høyanger	2 h		Spectacular fjord view
4	Vettisfossen	Utladalen/Årdal	4 h		Norway's highest free-flowing waterfall
5	Fuglesteg	Fortun/Luster	3 h		Lovely stone building and view of Skjolden and the fjord
6	Austerdalsbreen	Tungestølen/ Veitastrand	4-5 h		"The finest ice scenery in Europe", (W.C. Slingsby)
7	Aurlandsdalen	Finse/Geiteryggen/ Østerbø/Aurland	6 h		A very popular walk through what is often called Norway's Grand Canyon
8	The old	Kyrkjestolen - King's Road	6 h Maristova / Lærdal		Is suitable for children and young people. Mountain terrain.
9	Synshovden	Vik	4-6 h		High above Vik and the Sognefjord
10	Bjørgahaug	Grauthaug/ Leikanger	1 h		Breathtaking fjord views.



Bakkanosi ©Falkeblikk



Fugle fjell ©VERI Media

	MOUNTAIN WALK	PLACE	TOTAL WALKING TIME	LEVEL OF DIFFICULTY	HIGHLIGHTS
11	Bakkanosi	Jordalen/Gudvangen	6 h		Magical view of UNESCO Nærøyfjord
12	Molden	Mollandsmarki/ Hafslo	3 h		Lovely fjord view
13	Fannaråken	Turtagrø / Jotunheimen	6 h		Peak in Jotunheimen, Alpine landscape, wonderful view
14	Raudmelen	Balestrand - Centre	6 h		Panorama view over the Sognefjord (0-978 m.a.s.l.)
15	Tylderingen	Sogndal	5-6 h		Popular trip with great views of Dalavatnet
16	Flatbreen	Supphelledalen/ Fjærland	5 h		Great view of glacier and fjord
17	Prest	Bjørgø/Aurland	3 t		Panoramic views of the Aurland fjord
18	Rimstigen	Gudvangen	4 h		Fantastic view over UNESCO Nærøyfjord
19	Storehaugen	Sviggum/Lærdal	4-5 h		Lovely fjord view
20	Keipen	Balestrand	10 h		Amazing fjord view from the iconic Keipen viewpoint

Buy maps and tour descriptions at the tourist offices and Saga Souvenir in Flåm.
For cabin-to-cabin trips, find out more at www.turistforeningen.no



Brendeteigen / Vettisfossen ©VERI Media



Molden ©Visitsognefjord

Events 2022

Here is a list of events registered at the time of going to print. A complete list of events is available on our web site www.sognefjord.no or you can contact one of our tourist information offices for further information.



FEBRUARY

23.-27 Sogndal **Mountain Sport Festival** www.fjellsportfestivalen.no

MARCH

24.-27 Vik **Biathlon** www.nmskiskyting2022.no
25. Vik Skisenter **Dog sledding** www.nm-veka.no

APRIL

23 Leikanger **Kjeringi Open** www.kjeringiopen.no

MAY

1 Balestrand **Esefjorden Rundt - Road run** esefjorden.balestrand-il.no
6-8 Balestrand **Balejazz - Jazz festival** www.balejazz.no
21. Flåm **Flåmsdalenløpet - race** www.norwaysbest.com
26 Lærdal **Norwegian Glacier Festival** www.storehaugenopp.com
27.-29 Skjolden **Storehaugen opp - uphill race** www.kulturdagane.no
20-22 Jostedal **Cultural days in Skjolden** www.facebook.com/brefestivalen
28. Flåm **Garden concert with CC Cowboys** www.norwaysbest.com
28. Undredal **spring release and dance** www.visitundredal.no
28. Fjærland **Book night** www.bokbyen.no
29. Årdal **Vettisløpet** www.vettislopet.no

JUNE

3.-6 Vik **"Gamalost" Cheese Festival** www.facebook.com/gamalostfestivalen
11 Gaupne **Lustramarknaden fair** www.lustramarknaden.no
17.-19 Årdal **National park festival "Under Storen"** www.nasjonalparkfestivalen.no
18 Årdal **Fjøsblues concert at Avdal Gard** www.avdalen.no
18 Marifjøra/Luster **Molden opp - Uphill Race** www.moldenopp.no
19.-21 Lærdal **Lærdal market** www.laerdalsmarknaden.no
24.-26 Sogndal **Lerum Cup - Football tournament** www.fotball.lerumcup.no
24.-25 Lærdal **Jordeplerock - musicfestival** www.jordeplerock.no
25 Undredal **Midsummer dance on the pier** www.visitundredal.no
25 Fresvik/Vik **The Mensen Ernst Memorial run** www.mensenernst.org

JULY

1.-3 Aurland **Aurland market** www.aurlandsmarknaden.no
3 Jotunheimen **Jotunheimen rundt - cycling race** www.jotunheimenrundt.no
3 Feios/Vik **Vidasete opp - uphill race** www.feios.no/vidasete-opp
4 Sognefjellet **Sognefjellrittet - cycling race** www.jotunheimenrundt.no
8.-9. Sogndal **Lægreidsfest music festival** www.lagreidsfest.no

23 Undredal **Concert** www.visitundredal.no
23 Gudvangen **Rimstigen Opp - uphill race** www.motbakke.com/rimstigen-opp
28.-30 Fresvik/Vik **Fresn - Music festival** www.fresn.no
30 Undredal **Visit mountainfarm Langhuso** www.visitundredal.no

AUGUST

6 Aurland **Verdsarvturen - World heritage walk** www.verdsarvturen.no
12.-13 Årdal **MålRock festival** www.malrock.no
12.-14 Vik **Norwegian Raspberry Festival** <https://bringebaerfestival.no/>
13 Turtagrø **Buff Fanaråken opp - Uphill race** www.facebook.com/fanarakenopp
13 Aurland **The Aurlandsmarsjen** www.facebook.com/aurlandsmarsjen
13 Aurland **Aurlandsfjellet Xtreme Triathlon** www.axtri.no
15.-17 Årdal **kayaking school for children** www.bulderogbrak.no
19.-21 Gaupne **Gaupnetreffen - Music** <https://fb.me/e/2bY02jQwR>
19.-21 Årdal **Kayaking school for children** www.bulderogbrak.no
20 Balestrand **Balestrand opp - Uphill race** www.balestrandopp.no
27 Sogndal **Nuken - Uphill race** www.brattmoro.no

SEPTEMBER

2.-4 Indre Ofredal/Årdal **Yoga & Kayak retreat** www.bulderogbrak.no
3 Lærdal **Maristovedilten - mountain walk** www.visitkongevegen.no
3 Balestrand **Holmadagen day** www.visitbalestrand.com
25.-27 Lærdal **Hautmarknaden Lærdal Market** www.laerdalsmarknaden.no
25.-27 Lærdal **Smak av Sogn - food festival** www.facebook.com/smakavsogn
29. - 2. 10 Leikanger **Fruktbare dagar** www.opplevleikanger.no

OCTOBER

6.-9. Gudvangen **Viking market** www.vikingvalley.no
21.-23 Aurland **Nynorske Litteraturdagar - Literature festival** www.nynorskelitteraturdagar.no

NOVEMBER

21 Lærdal **Christmas market** www.laerdalsmarknaden.no
25-27 Gudvangen **Christmas market** www.vikingvalley.no

DECEMBER

3 Sogndal **Christmas market** www.sogndal.kulturhus.no

Events 2022: see www.sognefjord.no

Football matches in Sogndal, Fosshaugane Campus www.sogndalfotball.no

ATTRACTIONS

The wonderful Sognefjord landscape, with its cascading waterfalls, blue glaciers, fertile valleys, narrow fjord arms, massive mountain ranges and idyllic villages has been a magnet for explorers, mountaineers and artists for more than 150 years. It has an abundance of interesting culture and is home to many national cultural treasures. Vibrant communities offer genuine cultural experiences, unique visitor centres, museums, art galleries, stave churches and historical sites.

Umes stavyrkje ©Vegard Aasen/Her media

AURLAND

AURLANDS SHOE FACTORY

Visit the Aurland Shoe factory
Place: Aurland
Tel: (+47) 57 63 32 12
www.aurlandskoen.no
Season: Open all year



Meet the artisans of shoe making, follow the steps of the production process and discover interesting elements of the historic craft. Make sure to take home with you a pair of proper shoes as a souvenir.

BREWERY PUB

Ægir BrewPub
Place: Flåm
Tel: (+47) 57 63 20 50
www.flamsbrygga.no
Season: Open all year



We invite you to our Viking style brewpub with slate floor, driftwood walls, dragon heads, and a 9 metre high fireplace. Production of handcrafted beers. Viking-inspired menu based on our culinary philosophy. Ægir beer in the food and to the food! Special offer: Beer tasting every day.

FLÅMSBANA

The Flåm Railway
Place: Flåm
Tel: (+47) 57 63 21 00
www.visitflam.com
Season: All year



The Flåm Railway invites you on a spectacular train journey with a panoramic view of some of the wildest and most striking examples of Norwegian fjord and mountain landscape. In less than an hour the train ascends 865 meters from Flåm to Myrdal going through 20 tunnels. The Flåm Railway runs year-round.

FLÅM RAILWAY MUSEUM

The Flåm Railway Museum
Place: Flåm
Tel: (+47) 57 63 23 10
www.visitflam.com
Season: Open all year



Learn more about the history and construction of one of the steepest railway lines in the world, the technological development and the people behind this stunning achievement of railway engineering. Free admission and open daily throughout the year.

NATIONAL TOURIST ROUTE

Aurlandsfjellet
Place: Aurland/Lærdal
www.sognefjord.no



The mountain road between Aurland and Lærdal is open from the 1st of June to approx. 15th of October. From Aurland to the viewpoint - Stegastein - 7,5 km - the road is open all year. The crossing Aurland - Lærdal - Aurlandsfjellet is 4,8 km and the highest point 1306 m a.s.l. Fantastic view - snow along the road most of the summer - also called the "Snowroad".

SIGHTSEEING

Rallartoget
Place: Flåm
Tel: (+47) 99 37 23 38
www.rallartoget.no
Season: May - Medio Sept



You'll find Rallartoget next to the railway station in the center of Flåm from the beginning of May to middle of September. Daily departures in the main season every hour from 10:00 am to 4:00 pm. A roundtrip last about 45 minutes. A nice trip around Flåm.

STAVE CHURCH & VILLAGE WALK

Life in a small fjordvillage with its small church
Place: Undredal, location at the visitor center.
www.undredal-stavyrkje.com
Season: June - August



Join a guided walk and learn about life in a fjord village. The walk ends up with a guided experience in Undredal Stave Church, where the guide will take you on a journey of the religious and social history of the church and the village, putting the architectural changes into historical context over the last 850 years. Undredal Stave Church was built in the middle of the 12th century and is still in regular use.

VISITOR CENTER ELDHUSET

A taste of Undredal
Location: Undredal Bryggje
www.visitundredal.no
Teleph.: 047 951 37 403
Season: May - September



The exhibition takes you into the history of local farming and goat cheese tradition. You can taste the typical Norwegian brown goat cheese, different kinds of white and other traditional foods. We also serve Norwegian dinners, based on local goat meat and cheese.

ÅRDAL

TOURIST ROUTE

Tindevegen
Place: Årdal/Turtagra
www.tindevegen.no
Season: Seasonal



Tindevegen is the beautiful mountain road that runs between Øvre Årdal and Turtagra (32 km). At Turtagra, you join the Sognefjellsvegen road, a National Tourist Route that runs west down to Skjolden (17 km) and Gaupne by the Sognefjord in Luster, and east to Lom in the Gudbrandsdalen valley. There are terrific views of magnificent scenery and the peaks of Jotunheimen from many places along the Tindevegen road.

LÆRDAL

BORGUND STAVE CHURCH AND VISITOR CENTRE

Fortidsminneforeningen
Place: Borgund
Tel (+47) 57668109
www.stavechurch.com
Season: May - Sept



Built around 1180. Borgund stave church is the ultimate and most authentic stave church. Known for its breath taking carvings of dragons and snakes. Situated at the famous hiking trails of Lærdal Historic Route. Visitor Centre with stave church museum, "Unique Viking finds" exhibition, restaurant and souvenir collection.

OLD LÆRDALSØYRI

Place: Lærdal
Tel: (+47) 99 23 15 00
www.sognefjord.no



Lærdal's beautiful old town with 170 protected tree houses from the 18th and 19th century. This is a unique and authentic building environment in western Norway with shops offering local food, antiques, interior and souvenirs. In addition, a gallery and postal- and telemuseum are to explore. Three times a year there are large markets in Old Lærdalsøyri. Guiding is offered from mid June to mid August.

THE KING'S ROAD

(Kongevegen) over Filefjell
Place: Lærdal
Tel: (+47) 99 23 15 00
www.visitkongevegen.no



The King's road over Filefjell from the 1790s was the first road in which one could drive by horse and cart between east and west in Norway, and is today one of the finest road-historical cultural heritage in the country, going from mountain to fjord. A major restoration has been done later on the 100 kilometer long road from Vang to Lærdal center. The road has in recent years both won the Europa Nostra award and Beautiful Roads Prize, and there are several companies offering accommodation and servings along the road.

SECONDHAND BOOKS

The Norwegian Book town
Place: Fjærland
Tel: (+47) 57 69 22 10
www.bokbyen.no
Season: May - Sept



The Norwegian Book Town in Fjærland has more than 250,000 second-hand books in several different languages. Old byres and bathhouses have been converted into bookshops. Some of the bookshops also double as small cafés and art galleries, or handicraft outlets.

GLACIER MUSEUM

Norsk Brevmuseum
Place: Fjærland
Tel: (+47) 57 69 32 88
www.bre.museum.no
Season: April - Okt
(Nov - March reservation required)



A hands-on museum about ice, glaciers, landscape and climate. Do your own experiments with 1000-year old ice from the Jostedalsgreen glacier. Don't miss the breathtaking panoramafilm from the glacier. Travel through time and experience our planet from her birth, warm periods, ice ages, before you walk into the future.

MUSEUM

De Heibergske Samlinger - Sogn Folkemuseum
Place: Vestreim, Kaupanger
Tel: (+47) 57 67 82 06
www.dhs.museum.no
Open all the year. Main season from Mai 2. - September 30.



One of the oldest and largest folk museums in Norway, with comprehensive exhibitions, an open air museum with buildings from medieval times to the 1980s and a traditional farm with animals. Guided tours and activities every day in the main season. Cafeteria with homemade local food and a souvenir shop. More information on www.dhs.museum.no

MUSEUM

Sogn Fjord Museum
Place: Kaupanger
Tel: (+47) 57 67 82 06
www.dhs.museum.no
Season: June, July and August



Sogn Fjordmuseum is a part of De Heibergske Samlinger - Sogn Folkemuseum. Here is a unique collection of boats from Sogn, maritime artefacts, a tavern from the early 19th century, a reconstructed boat builder's workshop, and a film showing boat building. The museum also has a cafeteria and souvenir shop. See more information on www.dhs.museum.no

STAVE CHURCH

Kaupanger Stave Church
Place: Kaupanger
Fortidsminneforeninga
Tel: (+47) 57 67 88 40
www.stavechurch.com
Season: June - Aug



The biggest stave church in Sogn (c. 1140), it has been in continuous use as a parish church for more than 850 years. Its medieval design has been preserved, and the body of the church is supported by 22 staves, the largest number of staves found in any stave church. Most of the interior dates from the 17th century.

GLACIER MUSEUM

Breheimsenteret
Place: Jostedal
Tel: (+47) 57 68 32 50
www.jostedal.com
Season: 1. may - 30. sept



Breheimsenteret is a National Park Visitor's centre for the Jostedalsgreen National Park. You will find exhibitions, souvenirs and a cafeteria at the Breheimsenter, and it is also starting/meeting point for activities in Jostedalen such as glacier walks, rafting, guided hikes, kayaking on glacier lakes and more. Local food.

GALLERY

Gallery Walaker 300
Walaker Hotel, Solvorn
Tel: (+47) 57 68 20 80
www.walaker.com
Season: April - Sept



The building as it stands today was built in 1883 using materials from the old timber-built church in Solvorn, which was constructed in approximately 1600. The old building, well worthy of preservation, has housed exhibitions of works by both local and national artists. Opens in late April.

STAVE CHURCH

Urnes Stave Church
Place: Urnes
Fortidsminneforeninga
Tel: (+47) 57 67 88 40
www.stavechurch.com
Season: May - Sept



The oldest stave church in the country (1130) and the only stave church to be included on UNESCO's World Heritage List. The church contains ornaments dating from the 1060's and is unusually ornately decorated. It's beautifully located by the Lustrafjord. Visitor centre with exhibition and small shop by the church.

NATIONAL TOURIST ROUTE

Sognefjellet
Place: Sognefjellet
www.sognefjord.no



Route 55 across the Sognefjell mountain area between Luster and Lom is the highest and most impressive mountain pass in Northern Europe (highest point 1430 meters), and it has been awarded the status of National Tourist Route because of the spectacular and wild mountain scenery it passes through in the Jotunheimen National Park.

CHURCH

St. Olavs Church
Place: Balestrand
www.sognefjord.no
Season: May - Sept



The English church, which was built in 1897, is a copy of the old stave churches. It is under the authority of the Archbishop of Gibraltar. In summer, Anglican mass is held here by English vicars.

AKVARIUM

Sognefjord Akvarium
Place: Balestrand
Tel: (+47) 40 29 55 64
Season: May - Sept



A fjord centre situated in the centre of Balestrand and devoted to information about the Sognefjord. Here, you can study more than 100 different species from the fjord and study models and exhibitions. Film to the accompaniment of local folk music. Fishing activities, rowing boats and canoes. Gallery. Quayside restaurant.

CIDER HOUSE / VINEYARD

Ciderhuset
Place: Balestrand
Tel: (+47) 90 83 56 73
www.ciderhuset.no
Season: May 20 - Sept 20
Monday - Saturday



Unique cider house nestled in an organic orchard, a 15-minute walk from the center of Balestrand and Kviknes Hotel. Économusée (artisans at work). Production of "Champagne-cider" made using the traditional method. Distillation of cider brandy. Cider tasting and sale of Balholm juice, cider, jams, and more. Cider restaurant: June 20th - August 20th Monday - Saturday.

MUSEUM

The Norwegian Museum of Travel and Tourism
Place: Balestrand
Tel: (+47) 47 45 30 53
www.norskreislivsmuseum.no



Venture in to an interactive, digital exhibition that presents the history of tourism as a phenomenon, and development of the Norwegian tourism industry. Walls carved in the bedrock, the museum and the museum café have a special connection to Norwegian nature

NATIONAL TOURIST ROUTE

Gaularfjellet
Place: Dragsvik/Førde
www.sognefjord.no



(Rv13) The Gaularfjell mountains lie to the north of Balestrand, and the road between Dragsvik and Moskog (near Førde) passes through them. On the Balestrand side, the road twists and turns through nine hairpin bends. There are many beautiful rivers and waterfalls along the route.

CHURCH

Hove Stone Church
Place: Vik i Sogn
Fortidsminneforeninga
Tel: (+47) 57 67 88 40
www.fortidsminneforeninga.no
Season: Medio June - Medio aug



Dating from c. 1170. Rich grave finds from Roman times indicate that Hove was an early chieftain's residence. In the 1880s, the church was bought and restored by architect Blix, who saved it from demolition. The church's medieval interior is beautiful and richly decorated. Architect Blix was buried under the floor of the church.

STAVE CHURCH

Hopperstad Stave Church
Place: Vik i Sogn
Fortidsminneforeninga
Tel: (+47) 57 67 88 40
www.fortidsminneforeninga.no
Season: Medio May - Medio Sept



Hopperstad stave church is assumed to have been built around 1130 and still stands at its original location, offering a wonderful view over Vik town centre and the Sognefjord. The church is a triple-nave stave church. It has three portals, and the west portal is an example of Norwegian medieval wood carving at its finest. The 14th century alter canopy is the only one of its kind still existing in Norway.

MUSEUM

The Gunnar S. Gallery
Place: Høyanger
Tel: +(47) 57 71 15 00
www.gunnarsgalleriet.no
Season: Open all year



The gallery features Høyanger municipality's collection of original artworks by Gunnar S. Gundersen. The collection consists of more than 30 works by the artist and covers the period from approximately 1950 to approximately 1980. The works consist of drawings, watercolours, paintings and serigraphs. A large painting is on loan from Sparebanken Vest. In addition, drawings, sketchbooks, jewellery and photographs will be exhibited in a separate display.

MUSEUM

Høyanger Industrial Museum
Tel: +(47) 99 21 93 53
www.industristadmuseet.wordpress.com
Season: 1 June - 31 Aug and on order.



The exhibitions of Høyanger Industrial Museum portray the more than 99 year old industrial and working history of Høyanger through pictures and texts. Become acquainted with the trade union struggles, the war years, the living conditions and see how a worker would spend his time at work and at home.

OTHER ATTRACTIONS

Product	Company	Place	Tel	Web
Museum	Munthehuset Post – og Telemuseet	Kroken/Luster Lærdal	57 68 35 00 47 71 09 01	www.munthehuset.no www.lardal.kommune.no
Historical sites	Vikøyri strandsitjarstad Wittgenstein-huset Slaget ved Fimreite - minnestein Henrik Angell - minnestein Moahaugane, gravhaugfelt Lusakaupangen Runesteinen på Stedje	Vik Skjolden Nornes Luster Vik Kaupanger Sogndal	57 69 56 86 57 68 61 88 97 60 04 43 97 60 04 43 57 69 56 86 48 00 48 17	www.sognefjord.no www.skjolden.com www.sognefjord.no www.sognefjord.no www.knaken.no
Gallery/exhibitions	Lokalhistorisk senter / Galleri Vinjum Haukaas Emaljeverksted Sivle samlinga Balestrand Art Village Energiutstilling Det gygne hus, Bjørg og Arthur Sogn Kunstsenter Utladalen Naturhus Breheimen utstillinga	Aurland Balestrand Aurland Balestrand Aurland Balestrand Lærdal Årdal Skjolden	57 63 29 00 90 59 79 23 57 63 29 00 57 69 12 55 57 63 29 00 915 62 84 2 48 86 47 87 57 66 15 70 57 68 67 44	www.sognefjord.no www.solveighaukaas.no www.kunstbygda.no www.aurland.kommune.no www.detgygnehus.no www.sfk.museum.no www.skjolden.com
Church	Kvamsøy kyrkje Stedje kyrkje Leikanger kyrkje Vangen Kyrkje Undredal stavkyrkje Hauge Kyrkje Fjærland Kyrkje Gaupne Gamle kyrkje	Balestrand Sogndal Leikanger Aurland Undredal Lærdal Fjærland Gaupne	57 69 15 48 57 67 99 85 57 67 99 85 95 86 25 20 95 03 98 81 40 43 69 71 57 67 99 85 57 67 88 40	(on req.) www.sogndal.kyrkja.no www.leikanger.kommune.no www.aurland.kommune.no www.undredal-stavkyrkje.com www.lardal.kommune.no www.sogndal.kyrkja.no www.fortidsminneforeningen.no
Statue	Fridtjof statuen Kong Bele statuen Baldersteinen Gjest Baardsen statue Tell Teigen Monument Bautastein Lærdalskompaniet Bjørkum-Kaupangen	Vangsnæs Balestrand Leikanger Sogndal Høyanger Lærdal Lærdal	99 23 15 00	www.kunstbygda.no www.sognefjord.no
Other attractions	Amtskontoret Jutlamannen Nårekista Fugletitting Sculpture Park Eldhuset, center for local goat cheese tradition Verdsarvhus, world heritage exhibition	Leikanger Lærdal Lærdal Balestrand Solvorn Undredal Undredal	57 65 56 00 90 59 79 23 57 68 20 80 95 03 98 81 95 03 98 81	www.leikanger.kommune.no www.enamel.no www.walaker.com www.visitundredal.no www.visitundredal.no
Permaculture garden	BesteBakken	Luster	90 16 84 49	www.bestebakken.no
Alpaca	BesteBakken	Luster	90 16 84 49	www.bestebakken.no
Viking	Njardarheimr	Gudvangen	46 24 54 62	www.vikingvalley.no



MUSEUMS OF SOGN OG FJORDANE



**The Norwegian Museum of Travel and Tourism
Balestrand · phone: +47 47 45 30 53**

This modern museum offers a varied collection of exhibitions showing Norway's journey towards becoming one of the most popular tourist destinations in Europe. In addition to our popular guided tours, you will find a shop, café and screening room.



**The Heiberg Collection – Sogn Museum of Cultural History
Vestheim, Kaupanger · phone: +47 57 67 82 06**

Open all year round, with peak season from May 2nd to Sept. 30th. Exhibitions. Open air museum with buildings from the 1500s to the 1980s. Farm with animals. Guided tours and activities. Fairytale forest and nature paths. Café and gift shop.



Sogn Fjord Museum, Kaupanger · ph: +47 57 67 82 06

Season: June-August. Unique collection of old boats and maritime artefacts right alongside the Sognefjord. Boat builder workshop and films about boat construction. Public house from the early 1800s. Café and gift shop.



Sogn Art Centre, Lærdalsøyri · phone: +47 97 42 15 65

Sogn Art Centre exhibits artworks from the large collection after Lærdal artist Hans Gjesme, and is open throughout the extended summer season. The collection contains several thousand works of art, the majority being landscapes and portraits. Sogn Art Centre also hosts contemporary exhibitions, and is located alongside the Norwegian Wild Salmon Centre.



mif.no



Photo: Espen Mills and Thomas Bickhardt/BickFoto



Luster ©Vegard Aasen VERI Media

ACTIVITIES

The Sognefjord landscape is full of contrasts, making it an ideal place to enjoy breathtaking nature experiences and invigorating activities. There are few places in the world that can offer such a large selection of activities in such a small area! Regardless of whether you are looking for relaxation or physical challenges, you are sure to find an activity that will bring you into close contact with nature. Expert guides lead organized activities that are adapted to suit all age groups.

ENJOY THE SPECTACULAR AURLANDSFJORD AND NÆRØYFJORD BY BOAT OR KAYAK ON YOUR OWN

Reception: Undredal Brygge
www.visitundredal.no
 Tel.: 047 951 37 403
 Season: May - September



Find yourself as close as possible to our Unesco heritage landscape, waterfalls and if you are lucky wild animals as seals and eagles.

CYCLING

Fjord Cycling
 Place: Sognefjord: Vik - Skjolden
 Tel.: (+47) 988 85 415
www.fjordcycling.no
 Season: mai - September



Get close to Norways longest and deepest fjord on a bicycle adventure. Starting in Bergen, before rolling through the fjord landscape. Feel the fresh fjord and mountain air and become one with the sublime landscape surrounding you. Tour cycling on narrow paved roads, will allow you to experience the real Norwegian culture, nature and heritage up close. The tour must be booked in advance.

AURLAND

EXPRESS BOAT

Bergen - Sogn/Flåm - Bergen
 Place: Bergen - Sogn/Flåm - Bergen
 Tel.: (+47) 51 86 87 00
www.norled.no
 Season: All year



A trip by express boat is a welcome break from the hectic pace of daily life. Relax in comfortable chairs, breathe in the fresh sea air on deck or enjoy refreshments from our kiosk. Good discounts for families, groups, students and senior citizens. Have a great trip!

FJORD CRUISE

Fjord cruise Nærøyfjord
 Place: Flåm / Gudvangen
 Tel.: (+47) 57 63 14 00
www.visitflam.com
 Season: All year



Explore the UNESCO World Heritage Area Nærøyfjord year-round. The roundtrip includes a one-way fjord cruise from Flåm to Gudvangen or vice versa, and a shuttle bus return to the starting point.

FJORDSAFARI

FjordSafari Norway AS
 Place: Flåm
 Tel.: (+47) 99 09 08 60
www.fjordsafari.com
 Season: All year



Experience the UNESCO World Heritage Site with FjordSafari! In our secure and comfortable RIB-boats you'll have the best opportunity to experience the beautiful Aurlandsfjord and Nærøyfjord. Join us, and get closer to nature and the rich wildlife of the fjords! The tours can also be combined with hiking tours and local food experiences.

SIGHTSEEING

Sightseeing Tour to Stegastein Viewpoint
 Place: Flåm / Aurland
 Tel.: (+47) 57 63 14 00
www.visitflam.com
 Season: All year



Take the bus sightseeing tour from Flåm, via Aurland, to the spectacular and award-winning Stegastein viewpoint - a wooden design platform perching 650 meters above sea level overlooking the astounding landscape of the Aurlandsfjord.

VANDRETUR

FjordSafari Norway AS
 Stad: Flåm
 Tel.: (+47) 99 09 08 60
www.fjordsafari.com
 Sesong: Heile året



This halfday tour serves you a different experience from the fjords to the mountain. Get closer to nature in our unique fjordlandscape with the combination of a Rib-boat and hike. The highlight is a guided tour and homemade lunch from local produce on the farm Leim, 360 mas. Join us on tour and Meet the Locals! We ensure you a unique experience with a real taste of the UNESCO World Heritage Area!

BICYCLE TRIP

Cafe Rallaren AS
 Place: Myrdal stasjon
 Tel.: (+47) 57 63 37 56
 (+47) 970 89 052
www.caferrallaren.no
 Season: June - sept



At Myrdal station, the last stop of Flåmsbana, Cafe Rallaren is situated. At Cafe Rallaren you can rent bike with helmet. The journey from Myrdal to Flåm is 20 kilometers and time on the bike is approximately 1,5 hour. Down the Flåm valley you will experience the wonderful Norwegian nature. Bike journey requires bike abilities.

SNOWSHOE HIKING

Flåm Guideservice AS
 Place: Flåm
 Tel.: (+47) 99 09 08 60
www.fjordsafari.com
 Season: Dec 26st - March 31st



Come and experience the Norwegian winter on snowshoes! Enjoy the amazing fjord view and have fun hiking in our snowy mountains. Your guide will share insights to the unique local nature and history. Hot beverages will be served during the hike. The trip is suitable for everyone (average fitness but no experience needed).

ÅRDAL

POOL

Open-air swimming pool
 Place: Årdal
 Tel.: (+47) 57 66 53 70
www.sognefjord.no
 Season: Summer



A big open-air swimming pool with two chutes, and two smaller pools for children. There is a little chute for toddlers in the smallest pool. The water in the swimming pool is heated to around 28 degrees Celsius. There is a grassy area with some tables and seating around the pool. There are also toilets, changing rooms and showers.

FJORD CRUISE

Fjordl
Place: Kaupanger / Gudvangen
www.fjordl.no
Season: 1 May – 30 Sept



The most popular and dramatic ferry trip in Norway. The extraordinary Nærøyfjord is the narrowest fjord in Europe and is a UNESCO World Heritage Site. Set aside the two hours needed for the cruise, and enjoy the magnificent scenery at your leisure.

INDOOR SWIMMING POOL

Vesterland Resort
Tel: (+47) 57 62 71 00
Place: Kaupanger
www.vesterland.no
Season: All year



Next to the main pool the swimming hall also has a children's pool as well as chairs for those who just want to relax. Coffee, tea, soft drinks or fruit can be purchased on site. The water is kept at 33 °C every day. Shower mats for babies are available on request.

HIKING, HISTORY, CULTURE

Sognefjord Guiding
Place: Kaupanger
Tel: (+47) 906 65 533
www.sognefjordguiding.no



Sognefjord Guiding is located in Kaupanger surrounded by beautiful forest and mountains, located in the heart of the Sognefjord. We give you a wide selection of fjord experiences, including kayak trips in beautiful natural landscapes and mountain trips where coziness is in focus. On a trip with us, there will be bonfires, local food and fun. Join us on adventures, and you get the opportunity to learn about traveling safely on the sea in a kayak and join in going back in time, then we think the Viking Age.

INDOOR PLAYPARK

Vesterland Resort
Tel: (+47) 57 62 71 00
Place: Kaupanger
www.vesterland.no
Season: All year



Indoor playground for children between 1 to 14 years. Playland consists of a large climbing frame with slides, tunnels, mazes, ball cannons and glide path. In addition, it hosts 4 bouncecastles, play cars, various ball games and climbing wall. Indoor swimming pool.

FJORD RIB ADVENTURE

Adventure Tours Norway
Place: Lustrafjord, Skjolden.
Tel: +47 969 13 130
www.adventuretours.no
Season: April–October



Join us for an adventure in a rigid inflatable boat (RIB)! Feel the breeze in your hair and relax to music from the stereo, while you enjoy beautiful views of the fjord, mountains and waterfalls. The tours are comfortable, secure and suitable for all ages, and can be combined with mountain hikes and food of local produce. Daily guaranteed departures in the summer season.

BICYCLE, E-BIKE, STAND UP PADDLING, FISHING

Adventure Tours Norway
Place: Skjolden
Tel: +47 969 13 130
www.adventuretours.no
Season: April–October



Adventure Tours Norway offers bicycle, e-bike, Stand Up Paddle (SUP), snowshoeing, and fishing activities in Skjolden. You can either rent the equipment and explore on your own, or join us on a guided tour. Visit our webpage for further information about the tours and rentals.

KAYAK & RAFTING

ICETROLL
Place: Jostedal
Tel: (+47) 97 01 43 70
www.icetroll.com
Season: Mai – Sept



ICETROLL offer glacier hiking, kayaking and rafting tours in Jostedal, Luster. The tours are only in small groups, max. 9 per guide and are designed for any ability. They range from shorter half-day trips to full-day and overnight tours. Trips also possible if you are using the glacier bus

FJORD CRUISES

Lustrabaatane
Place: Flåm / Gudvangen
Tel: +47 992 78 837
www.lustrabaatane.no
Season: April–October



Offers fjordcruises on the World Heritage Fjord with daily departures between Flåm and Gudvangen. Experience one of the most spectacular fjord landscapes in Norway. Guiding and cafeterias on all the vessels. Online booking or call +47 992 78 837

LUSTRABADET

Place: Gaupne
Tel: (+47) 57 68 56 80
www.lustrabadet.no
Season: All year



Indoor waterpark that gives you a unique experience! We offer 4 different pools, outdoor hot tub and ice bath, grotto, saunas, diving platforms, climbing wall, slides, fountains, water massage, bubbles and lots of great artwork on the walls! Enjoy a break with ice cream or food from the cafeteria. Swimming gear can be purchased from our little shop. Welcome!

CIDER TASTING

The Cider House
Location: Balestrand
Phone: (+47) 95 90 21 90
www.ciderhuset.no
Season: May 20 – September 20
Monday – Saturday



Learn about apples and their journey from seeds to bottle, in an orchard with an expansive view of the Sognefjord. Cider tasting, cider & lunch or cider & dinner. Non-alcoholic option. Online booking. For groups by appointment: cooking classes and a heritage tour in the Art village of Balestrand.

BIKE AND HIKE BALESTRAND

Balestrand Fjord Angling, Balestrand
Tel: (+47) 90 08 19 39
www.balestrandfjordangling.com
Season: Open all year/request



We have the nice blue, sporty and practical electric bikes from Electra! Experience fantastic Balestrand by bike! Take the 3 fjords scenic route to Menes village, see dragon villas along the promenade or take a full day bike ride to the stave church in Vik or experience picturesque Arnafjord and Fresvik!

FJORD FISKE

Balestrand Fjord Angling, Balestrand
Tel: (+47) 90 08 19 39
www.balestrandfjordangling.com
Season: Open all year/request



Here you will find fun and interesting fishing trips with Captain Tor. Starting price includes 4 people in a private boat. Clean, tidy, simple and safe. Build unity, find inspiration and explore the Sognefjord. Sightseeing, fishing and storytelling in one package.

HØYANGERBADET

indoor pool
Place: Høyanger
Tel: (+47) 57 71 27 00
www.hoyangerbadet.no
Season: All year



A modern water park where the whole family can enjoy. Big indoor pool with water slides 56 m, special therapy pool, pool for small children, sauna and a small café. Outdoor pool with 28 °C (25 x 12,5 m) and lawn area. Celebrating kids birthday possible.

SALMON FISHING IN VIKJA

Vik Jakt og fiskelag
Place: Vikja, Vik i Sogn
Tel +47 91 70 59 88 / +47 90 10 86 31
www.vik-jfl.no
Season: 15. June – 15. Sept



Vikja is one of the best salmon rivers in Sogn. The river is 1,8km long and runs through the idyllic village of Vik and in to the Sognefjord. Fishing licenses must be ordered in advance, see more info on website. Welcome to salmon fishing in the river Vikja.

BOAT RENTAL SOGNEFJORDEN

Gamle Trevaren fiske og båtutleige
Place: Vik i Sogn
Tel: +47 91 70 59 88 / +47 90 10 86 31
www.gamletrevaren.no
Season: May– October



Rental of boats for trips on the beautiful Sognefjord, both for fishing or just enjoying a trip on the fjord. By boat one can reach idyllic roadless places such as Finnabotn and the beautiful villages of Arnafjord, Vangnes, Feios and Fresvik. From our shop you can rent/buy fishing equipment, and of course get useful tips for fishing on the Sognefjord

GUIDED HIKES

Sylvringen
Place: Vik i Sogn
Tel: (+47) 911 30 84 3
www.sylvringen.no
Season: May – Sept



Vik is a village rich in history and cultural treasures. Join in on a memorable journey through history and the beautiful landscape in the heart of Sogn. Experience Vikoyri beachdweller settlement, Hopperstad stave church, Hove stone church and "Gamalost" cheese. All within walking distance.

Other activities

Activity	Company	Place	Tel	Web
Alpaca hiking	BesteBakken	Luster	90 16 84 49	www.bestebakken.no
Aquarium	Sognefjord Akvarium	Balestrand	40 29 55 64	www.kringsja.no/eakvarium.html
Hot tub	Raaum Gard	Hafslo	95 08 78 88	www.raaum.no
Glacier walks	Breogfjell	Indre Sogn	57 67 88 55	www.breogfjell.no
	Fjord Active	Luster	47 02 78 78	www.fjordactive.com
	Ice Troll	Jostedal	97 01 43 70	www.icetroll.com
	Jostedalen Breførarlag	Jostedal	57 68 31 11	www.bfl.no
	Fjærland Guiding	Fjærland	95 82 91 71	fjaerlandguiding.com
Bus tours	Balestrand Tour	Balestrand	95 90 64 09	www.balestrandtour.no
Boat trips	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Ice Troll	Jostedal	97 01 43 70	www.icetroll.com
	Lustrabaatane AS	Luster	91 72 17 19	www.lustrabaatane.no
	Luster Nature Guide	Solvorn	40 00 00 20	www.lusternatureguides.no
	Glaciertour.no	Leikanger/Balestrand	57 65 38 36	www.glaciertour.no
	Balestrand Fjord Adventure	Balestrand	47 85 53 23	www.balestrandadventure.no
	Charter Cruise	Sognefjorden	48 08 23 61	www.chartercruise.no
	Fjord Tours	Sognefjorden	55 55 76 60	www.fjordtours.com
	Team Nilsen	Flåm	91 30 21 50	www.teamnilsen.no
Boat rental	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Lyngmo Gjestehus & Camping	Hafslo	57 68 43 66	www.lyngmoinfo.com
	Villa Solvorn	Solvorn	99 29 66 72	www.villasolvorn.com
	Gamle Trevaren fiske og båtutleige	Vik	90 10 86 31	www.gamletrevaren.no
	Undredal Bryggje	Undredal	95 03 98 81	www.visitundredal.no
	Nesheim Camping	Bjordal	99 52 68 34	nesheim-camping.no
Driving Range	Skjolden Hotel	Skjolden	57 68 23 80	www.skjoldenhotel.no
River fishing	Borgund Elveveigarlag	Borgund	95 22 77 57	www.inatur.no
	Lærdal Elveveigarlag	Lærdal	91 18 16 65	www.laerdalselvi.no
	Vik Jakt- og fiskelag	Vik	90 10 86 31	www.vik-jfl.no
Electric bike rental	Lokel Bikes	Sogndal	90 87 55 66	www.lokel.no
	BesteBakken	Luster	90 16 84 49	www.bestebakken.no
	Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
	Eikum hotel	Hafslo	57 68 06 00	www.eikum.no
	Sogndal Skisenter Hodlekve	Sogndal	57 62 48 08	www.sogndalskisenter.no
	Raaum Gard	Hafslo	95 08 78 88	www.raaum.no
	Kjornes Camping	Sogndal	97 54 41 56	www.kjornes.no
	Balestrand Fjord angling	Balestrand	90 08 19 39	www.balestrandfjordangling.com
Fishing trips	Maristuen Fjellferie	Filefjell	57 66 87 11	www.maristuen.no
	Lærdal Turistkontor	Lærdal	91 55 10 43	laerdal.fjellstyre@alb.no
	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Balestrand Fjord Adventure	Balestrand	47 85 53 23	www.balestrandadventure.no
	Balestrand Fjord Angling	Balestrand	90 08 19 39	www.balestrandfjordangling.com
	Nesheim Camping	Bjordal	99 52 68 34	nesheim-camping.no
	Dripfiske	Balestrand	90 21 37 49	www.dripfiske.no
	Sogndal Skisenter	Sogndal	57 62 48 08	www.sogndalskisenter.no
Mountain climbing	Breogfjell	Indre Sogn	57 67 88 55	www.breogfjell.no
	Fimbul Jostedal	Jostedal	99 45 09 21	www.fimbuljostedal.no
	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no
Hiking trip/ Summit trip	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no
	Sognefjord Guiding	Kaupanger	90 65 55 33	www.sognefjordguiding.no
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Jostedalen Breførarlag	Jostedal	57 68 31 11	www.bfl.no
	Ice Troll	Jostedal	97 01 43 70	www.icetroll.com
	Nes Gard	Høyheimsvik	95 23 26 94	www.nesgard.no

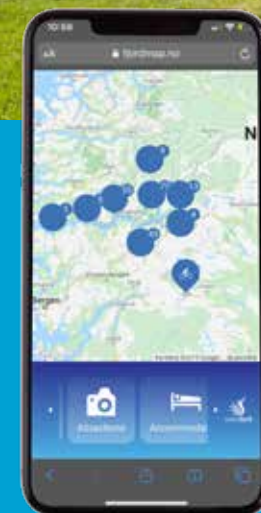
Activity	Company	Place	Tel	Web
	Nordstedalseter Turisthytter	Fortun	95 07 63 82	www.nordstedalseter.no
	Balestrand Tour	Balestrand	95 90 64 09	www.balestrandtour.no
	Sylvringen	Vik	91 13 08 43	www.sylvringen.no
	Lavik Fjord Hotel & Apartments	Lavik	57 71 40 40	www.lavikfjordhotel.com
	Breheimsenteret	Jostedal	57 68 32 50	www.jostedal.com
	Fjærland Guiding	Fjærland	95 82 91 71	fjaerlandguiding.com
Farm visit	Blaaflat Gard	Lærdal	95 83 27 15	www.blaaflat.no
	Lund Hjortefarm	Lærdal	95 94 37 89	ole.bjorn.grothe@alb.no
	Skjolden Llamas	Skjolden	97 42 53 69	www.skjoldenllamas.net
	Urnes Gard & Hjortefarm	Urnes	90 76 82 84	www.urnes.no
	Ciderhuset	Balestrand	95 90 21 90	www.ciderhuset.no
	Alm Gard	Feios	48 26 78 98	www.almgard.com
Golf simulator	Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Cave trips	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
Guided ski tours	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no
	Jostedal Ski	Jostedal	90 56 50 69	www.jostedalski.com
	Nes Gard	Luster	95 23 26 94	www.nesgard.no
Horse riding	Alm Gard	Feios	48 26 78 98	www.almgard.com
Ice cave trips	Snøsikker	Jostedal	95 92 36 89	www.facebook.com/icecave
Juving	Fjord Active	Luster	47 02 78 78	www.fjordactive.com
Kayak	Njord	Flåm	91 32 66 28	www.njord.as
	Nordic Venture	Gudvangen/Aurland	95 20 80 36	www.nordicventures.com
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Sogndal Kajakk	Sogndal	97 76 88 62	facebook.com/dampskipskaiensogndal
	Fjordseal	Marifjøra	95 77 41 96	www.fjordseal.com
	Ice Troll	Jostedal	97 01 43 70	www.icetroll.com
	Villa Solvorn	Solvorn	99 29 66 72	www.villasolvorn.com
	Undredal Bryggje	Undredal	95 03 98 81	www.visitundredal.no
	Nærøyfjorden Camping	Gudvangen	90 88 57 98	www.naeroyfjordencamping.no
	Fjærland Guiding	Fjærland	95 82 91 71	fjaerlandguiding.com
	Nes Gard	Luster	95 23 26 94	www.nesgard.no
Climbing	Sogndal Klatresenter	Sogndal	46 82 18 25	sogndal.spenst.no
Rock climbing	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
	Sogndal Lodge & Guiding	Sogndal	57 62 99 88	www.sogndallodge.no
Heritage-, Cultural walk	Lærdal Turistkontor	Lærdal	99 23 15 00	
	Sanden Pensjonat	Lærdal	57 66 64 04	www.sandenpensjonat.no
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Ciderhuset	Balestrand	90 83 56 73	www.ciderhuset.no
	Undredal Bryggje	Undredal	95 03 98 81	www.visitundredal.no
	Henjatunet	Leikanger	41 51 17 74	www.henjatunet.no
	Kultur på fatet	Aurland	48 12 51 38	www.kulturpafatet.no
	Sylvringen	Vik	41 13 08 43	www.sylvringen.no
Lama walks	Skjolden Llamas	Skjolden	97 42 53 69	www.skjoldenllamas.net
"Meet the locals"	Sognefjord Guiding	Kaupanger	90 65 55 33	www.sognefjordguiding.no
Pumptrack	Nordbohus Sykkelpark	Sogndal	57 62 48 08	www.sogndalskisenter.no
	Kaupanger Pumptrack	Kaupanger		www.facebook.com/kaupangeridrettslag
RIB-boat tours on the fjord	FjordSafari Norway	Flåm	99 09 08 60	www.fjordsafari.no
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Luster Nature Guide	Solvorn	40 00 00 20	www.lusternatureguides.no
	Balestrand Fjord Adventure	Balestrand	47 85 53 23	www.balestrandadventure.no
	Charter Cruise	Vik	48 08 23 61	www.chartercruise.no
Sauna	Dampen Sauna	Fjærland	95 82 91 71	fjaerlandguiding.com
	Fjord Sauna	Flåm	90 93 41 59	www.fjordsauna.no

Many of the companies also offers trips over 2-3 days (e.g. a combination of kayak- and mountain trips, kayak- and glacier walks etc.)

Activity	Company	Place	Tel	Web
Seaplane	Scandinavian Seaplanes	Sognefjorden	94 12 22 08	www.seaplanes.no
Summer skiing	Sognefjellet Sommarskiserter	Sognefjellet	91 53 41 80	www.sognefjelletsommerski.no
	Vik Skisenter / Vik Turistinformasjon	Vik	57 69 56 86	www.vikskisenter.no
SPA	BesteBakken	Hafslo	90 16 84 49	www.bestebakken.no
Bike rides	Leikanger Fjordhotel	Leikanger	57 65 60 20	www.leikangerfjordhotel.no
	Fjord Cycling	Sognefjorden	98 88 54 15	www.fjordcycling.no
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Eplet Bed and Apple	Solvorn	41 64 94 69	www.eplet.net
Bike rental	Lavik Fjord Hotel & Apartments	Lavik	57 71 40 40	www.lavikfjordhotel.com
	Villa Solvorn	Solvorn	99 29 66 72	www.villasolvorn.com
	Balestrand Adventure	Balestrand	94 19 64 05	www.balestrandadventure.no
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Lavik Fjord Hotel & Apartments	Høyanger	57 71 40 40	www.lavikfjordhotel.com
	Fjord Cycling	Sognefjorden	98 88 54 15	www.fjordcycling.no
	Boyum Camping	Fjærland	48 23 57 24	boyumcamping.no
Stand up paddling	SUP Norway	Gudvangen	93 45 31 14	www.supnorway.com
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Raaum Gard	Hafslo	95 08 78 88	www.raaum.no
Squash	Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Train	Flåmsbana	Flåm	57 63 21 00	www.norwaysbest.com
Snowshoe hike	FjordSafari Norway	Flåm	99 09 08 60	www.fjordsafari.no
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Balestrand Adventure	Balestrand	94 19 64 05	www.balestrandadventure.no
Breheimsenteret	Jostedal	57 68 32 50	www.jostedal.com	



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Fjordmap.no

Get the perfect overview of attractions, activities and accommodation surrounding the Sognefjord.



Welcome to Nes Gard and Fjordspeilet

Nes Gard is a family farm from 1850 overlooking the spectacular Sognefjord

- Charming fjord hotel with 40 beds
- Rustic wine bar in the old pig house
- Activities and guiding summer and winter
- Social atmosphere and local specialities
- Stay in one of our unique rooms or treat yourself with a romantic date in Fjordspeilet, our unique glass house with stunning views!

www.nesgard.no - +47 95 23 26 94 - post@nesgard.no



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©Kviknes Hotel



Hoyanger ©VERI Media



Skjolden ©Ole Gudmund Bjørk



Sogndal ©VERI Media



Sogndal ©VERI Media

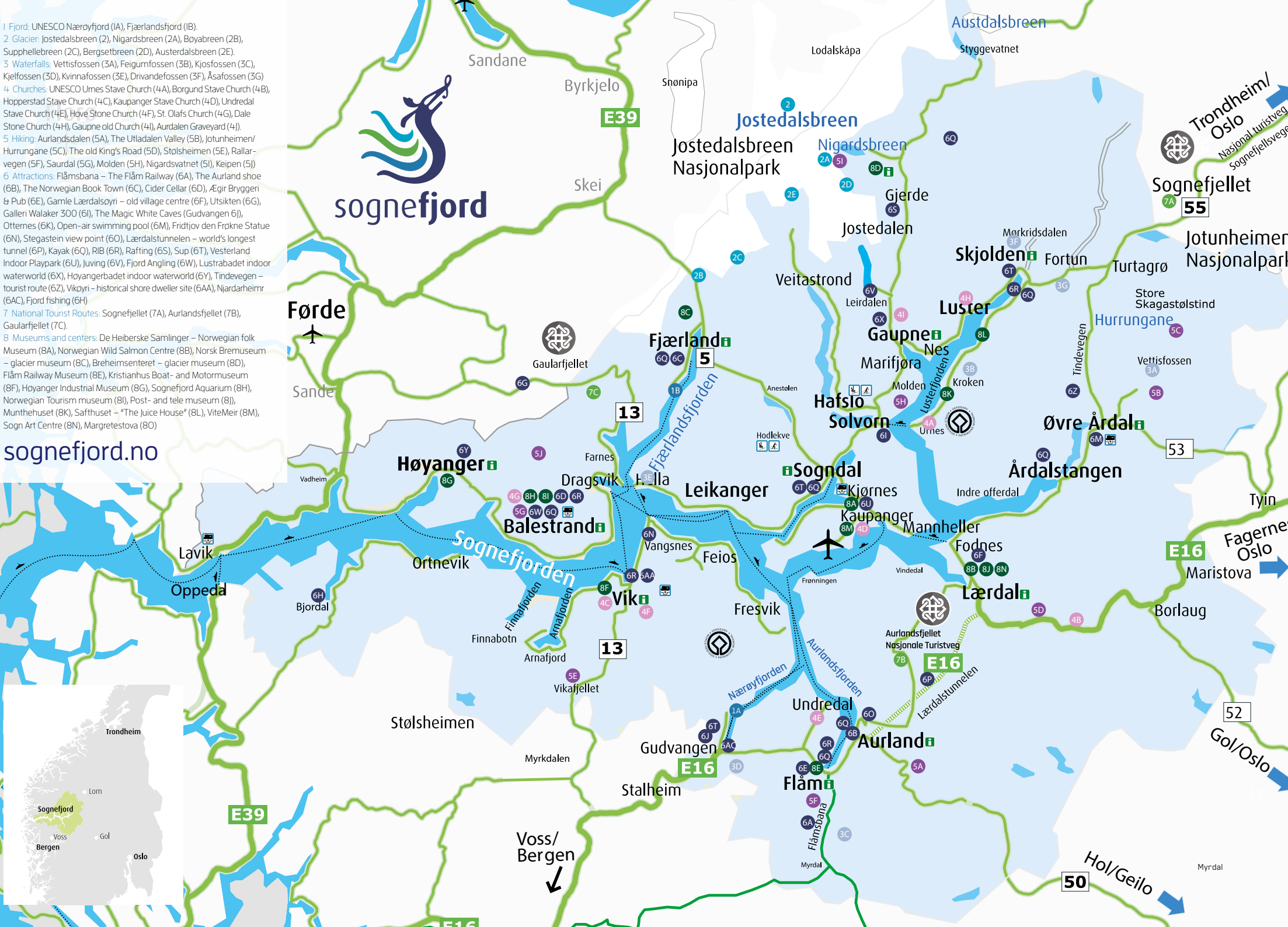


Fjord Villages

The Sognefjord region contains more than 15 scenic Fjord villages. Every single village has its own unique set of secrets and specialities. They offer unique accommodations, activities, local food and culture. The villages are connected to three National Scenic Routes surrounded by the longest fjord, the largest glacier and the highest mountains. Experience the real "Fjordlife" along the Sognefjord.

- 1 Fjord: UNESCO Nærøyfjord (1A), Fjærlandsfjord (1B).
- 2 Glacier: Jostedalsbreen (2), Nigardsbreen (2A), Bøyabreen (2B), Supphellebreen (2C), Bergsetbreen (2D), Austerdalsbreen (2E).
- 3 Waterfalls: Vettisfossen (3A), Feigumfossen (3B), Kjosfossen (3C), Kjelfossen (3D), Kvinnafossen (3E), Drivandefossen (3F), Åsafossen (3G).
- 4 Churches: UNESCO Urnes Stave Church (4A), Borgund Stave Church (4B), Hopperstad Stave Church (4C), Kaupanger Stave Church (4D), Undredal Stave Church (4E), Høve Stone Church (4F), St. Olavs Church (4G), Dale Stone Church (4H), Gaupne old Church (4I), Aurdalen Graveyard (4I).
- 5 Hiking: Aurlandsdalen (5A), The Utlådalen Valley (5B), Jotunheimen/ Hurrungane (5C), The old King's Road (5D), Stølsheimen (5E), Rallarvegen (5F), Saurdal (5G), Molden (5H), Nigardsvatnet (5I), Keipen (5J).
- 6 Attractions: Flåmsbana – The Flåm Railway (6A), The Aurland shoe (6B), The Norwegian Book Town (6C), Cider Cellar (6D), Ægir Bryggeri & Pub (6E), Gamle Lærdalsøyri – old village centre (6F), Utsikten (6G), Galleri Walaker 300 (6I), The Magic White Caves (Gudvangen 6J), Otternes (6K), Open-air swimming pool (6M), Fridtjov den Frøkne Statue (6N), Stegastein view point (6O), Lærdalstunnelen – world's longest tunnel (6P), Kayak (6Q), RIB (6R), Rafting (6S), Sup (6T), Vesterland Indoor Playpark (6U), Juving (6V), Fjord Angling (6W), Lustrabadet indoor waterworld (6X), Høyangerbadet indoor waterworld (6Y), Tindevegen – tourist route (6Z), Vikøyri – historical shore dweller site (6AA), Njardarheimr (6AC), Fjord fishing (6H).
- 7 National Tourist Routes: Sognefjellet (7A), Aurlandsfjellet (7B), Gaularfjellet (7C).
- 8 Museums and centers: De Heiberske Samlinger – Norwegian folk Museum (8A), Norwegian Wild Salmon Centre (8B), Norsk Bremuseum – glacier museum (8C), Breheimsenteret – glacier museum (8D), Flåm Railway Museum (8E), Kristianhus Boat- and Motormuseum (8F), Høyanger Industrial Museum (8G), Sognefjord Aquarium (8H), Norwegian Tourism museum (8I), Post- and tele museum (8J), Munthehuset (8K), Saffthuset – "The Juice House" (8L), ViteMeir (8M), Sogn Art Centre (8N), Margretestova (8O).

sognefjord.no





Waterfalls

There are several places in the Sognefjord region where you can see majestic waterfalls cascading down steep mountainsides, and some of these waterfalls are among Norway's highest.

VETTISFOSSEN - "THE MOST BEAUTIFUL WATERFALL IN NORWAY" (DB.NO)

With a free fall of 275 metres Vettisfossen is the highest protected waterfall in Norway. You can get there on foot by walking up the beautiful Utladalen in Øvre Årdal.

FEIGEFOSSEN, KROKEN / LUSTER

The 218 metre high Feigefossen waterfall is in an idyllic setting on the southern side of the Lusterfjord. You can take the short walk in to the falls or admire the view of it from the National Tourist Route on the northern side of the fjord.

KVINNAFOSSEN, HELLA / LEIKANGER

Kvinnafossen falls 120 metres and is situated right beside the main road between Leikanger and Hella. During the spring thaw, the spray from the waterfall reaches across the road.

DRIVANDEFOSSEN, MØRKRIDSDALEN / LUSTER

Drivandefossen waterfall is found in beautiful and lush Mørkriddalen in Skjolden, only a 15-20 minutes walk from the road. This is also the route to Åsetevatnet and the DNT-cabin at Fast.

KJOSFOSSEN

The mighty Kjosfossen is one of many highlights on the Flåm Railway. It is possible to experience Kjosfossen all year, which gives the traveler the opportunity to visit a roaring waterfall during summer and pass by a snow and ice-covered waterfall during winter.

KJELFOSSEN, GUDVANGEN

Kjelfoss Waterfall is located in Gudvangen (municipality Aurland). Total height is 705 metre and the tallest single drop is 149 metre. You can see the waterfall from the quay in Gudvangen centre and from the E16.

ÅSAFOSSEN, LUSTER

A gorgeous waterfall, easy accessible by foot! Straight across the street from Vassbakken Kro & Camping, the Åsafossen waterfall leaps down the mountain side. The hike up to the waterfall has been reinforced and secured by Nepalese Sherpas, making it fairly easy to approach the waterfall by foot.








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A DMC can provide memorable experiences and services based on local knowledge about the Sognefjord region. The DMCs on this list can arrange transport, hotel accommodation, restaurants, activities, excursions, conference venues, themed events, gala dinners and logistics, as well as help overcome language barriers.

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We offer a wide range of accommodation in all price classes. You have a choice of apartments, cabins and holiday homes, campsites with chalets, youth hostels, guest-houses, tourist cabins, B&B, hotels, farm stays and other types of special accommodation. You also have the option of historical hotels, which are steeped in tradition and have their own special atmosphere.

The tourist information offices and websites www.sognefjord.no can help you to find accommodation. If you are planning to visit the area in the high season (July/August) it is best to book in advance to make sure you get the type of accommodation you want.
















































hotel = cabins/holiday homes = camping = room

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Aurlandsdalen Turisthytte Østerbø		48 38 82 87	www.aurlandsdalen.dnt.no	
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Geiteryggen Turisthytte		90 60 14 53	www.geiterygghytta.dnt.no	
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Steinbergdalshytta		46 28 73 52	www.steinbergdalshytta.no	

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Luster Fjordhytter		95 87 45 96	www.luster-fjordhytter.com
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Viki Fjordcamping	 	99 53 97 30	www.vikicamping.no
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Jostedal Hotell		99 22 50 49	www.jostedalhotel.no
Jostedal Camping	 	97 75 67 89	www.jostedalcamping.no
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Dösen Gård		95 16 87 27	www.dosengard.no
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Marifjøra Sjøbuer		48 14 43 09	www.rorbu.net
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Ornes Gard og hjortefarm		90 76 82 84	www.urnes.no
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Skjolden Brygge		91 80 30 25	www.skjoldenbrygge.com
Skjolden Hotel		57 68 23 80	www.skjoldenhotel.no
Skjolden Vandrarheim		57 68 61 88	www.vassbakken.com
Vassbakken Kro og Camping	  	57 68 61 88	www.vassbakken.com
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Eplet Bed & Apple	 	41 64 94 69	www.eplet.net
Walaker Hotell		57 68 20 80	www.walaker.com
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Tungstolen Turisthytte	 	48 50 48 51	tungstolen.dnt.no
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Vik Camping	 	57 69 51 25	www.vikcamping.com
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Blix Hotell		57 69 65 50	www.blixhotell.no
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Bjøraker Camping	 	57 66 87 20	www.sognefjord.no
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Boyum Camping	 	48 23 57 24	www.boyumcamping.no
Flatbreytta		91 57 01 01	rodseter.no/flatbreytta/
Fjærland Fjordstove Hotell		48 23 78 44	www.fjaerlandhotel.com
Kaupanger			
Amble Gård	 	40 51 05 89	www.amblegaard.no
Havnebakken Feriehus		91 75 10 16	www.havnebakken.no
Timberlids Hytter		95 84 26 61	www.timberlid.no
Vesterland Feriepark	  	57 62 71 00	www.vesterland.no
Ramnereiret		94 07 99 99	www.ramnereiret.no
Slinde			
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Sogndal			
Best Western Lægheid Hotel		57 62 88 88	www.lagheid.no
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Kjøernes Camping og Fjordhytter	 	97 54 41 56	www.kjornes.no
Quality Hotel Sogndal		57 62 77 00	www.qualityhotelsogndal.no
Sogndal Lodge & Guiding		91 19 75 47	www.sogndallodge.no
Sogndal Vandrarheim		57 62 75 75	www.sogndal.fhs.no
Uteplassen	 	46 91 04 56	www.ute-plassen.com
Olnes Fjordhytter		98 01 03 79	solnes@gmail.com
Sogndal Skisenter	 	57 62 48 08	www.sogndalskisenter.no

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Avdal Farm Tourist Lodge		90 27 49 96	www.avdalen.no
Klingenberg Hotel		57 66 58 00	www.klingenberghotel.no
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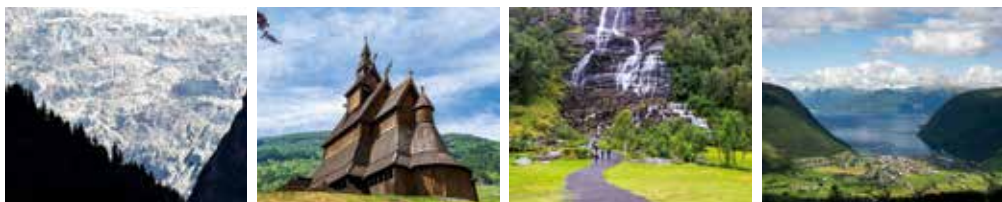
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Ganzjährig geöffnet!



EIKUM HOTELL

Eikum Hotel is owned and operated by the same family since 1919, and the fourth generation of the Eikum family is ready to welcome you to Hafslø. At Eikum Hotel, we are famous for our home cooking and personal service, and for 100 years, the hotel has been the perfect base for trips to Jostedal Glacier, the Sognefjord, Sognefjellet and Urnes Stave Church. The hotel is open all year round, and we can offer 60 rooms, a restaurant and a brand new elevator for your convenience.



6869 Hafslø | (+47)57680600 | www.eikum.no | post@eikum.no | @eikumhotell



Bed and breakfast

Family rooms - Reasonable prices
25 rooms, 2- 7 beds
Scandinavian breakfast buffet

Camping

7 cabins. Spaces for tent, caravans and campers.

Activities

Boat- and canoe rental
Beach at the campsite
Pool, table tennis and airhockey
Beachvolley



Lyngmo Guesthouse and Camping| Lyngmo 21, 6869 Hafslø
Tlf (+47) 57 68 43 66 | booking@lyngmoinfo.com
www.lyngmoinfo.com



Welcome to Marifjora Sjøbuer



Four nice cottages in "rorbu" style, right by the fjord in the owner's garden at Marifjora. Fully equipped cabins with kitchen, wc, shower, satellite TV and free WiFi. Fine view over the fjord and Jostedal glacier in the distance, and out towards the mountains and Feigumfossen waterfall. Marifjora Sjøbuer can be your starting point for an unforgettable vacation in Indre Sogn.

More information at www.rorbu.net

Marifjora Sjøbuer

Tel. +47-48 14 43 09 | post@rorbu.net | www.rorbu.net



HISTORICAL DØSEN FARM

MARIANNE AND OLAV WISH ALL TRAVELERS A WARM WELCOME TO THE MOST BEAUTIFUL GLAMPING SITE AND APARTMENTS ALONGSIDE THE LUSTRAFJORD.

STAY CLOSE COMFORTABLY RIGHT BY THE FJORD IN TENTS, ROOMS OR APARTMENTS AT THE HISTORICAL DØSEN FARM.

+47 482 88 437 | WWW.DOSENGARD.NO
LUSTRAVEGEN 3218, 6872 LUSTER

LUSTER FJORDHYTTER

Cabins by the fjord at the foot of mountains and glaciers – open all year round.

www.luster-fjordhytter.com

Jostedal Camping

Welcome to an active vacation on glaciers, lakes and mountains in beautiful and peaceful surroundings in the two surrounding National Parks.

3 km to Breheimsenteret, the starting point for guided walks on Nigardsbreen and Styggevatnet.

Glacier trips | Hikes | Kayaking | Rafting from the campsite



- 12 cabins
- 40 electrical outlets for tents, campers and caravans
- Sanitary dump station
- Modern sanitary facilities, kitchen, lounge and laundry facilities
- Free WiFi

www.jostedalcamping.no
post@jostedalcamping.no | tel +47-97756789

Centrally located in the heart of the Sognefjord district, surrounded by fantastic scenery!

Sognefjord Gjestehotell



Sognefjord Gjestehotell (Gjestehus)

Accommodation • Restaurant • Groceries
 Boats and fishing rod for rent

6894 Vangsnes • e-post: vangpens@online.no

Tlf.: +47 57 69 67 22 • Fax: +47 57 69 62 75

www.sognefjord-gjestehus.no

blIX HOTEL



Blix hotell in Vik

Nice location close to the Sognefjord and the mountains. Short walk to express boat and busses. Free internet WiFi.

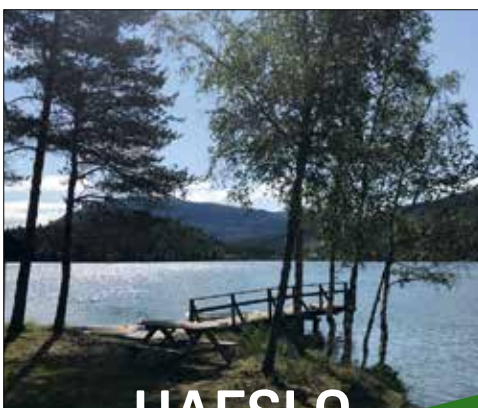
Blix hotell | Vikøyri, 6893 Vik i Sogn

Tel: + 47 57 69 65 50 | booking@blixhotell.no

blixhotell.no



DRAGSVIK
 — FJORDHOTELL —
dragsvik.no



HAFSLO hytteutleige

Five comfortable cabins (built from 1991 to 2000) located in scenic Straumane, close by Hafslo Lake. A great place for trout fishing or magnificent mountain hikes.

tel. +47 99 42 15 06
booking@hafsløhytteutleige.com
www.hafsløhytteutleige.com



SOGNEFJORD HOTEL

Sognefjord Hotel is pleasantly located on a peninsular stretching out into Sognefjorden.

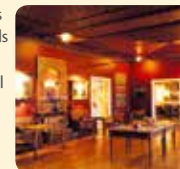
www.sognefjordhotel.no

You deserve it!

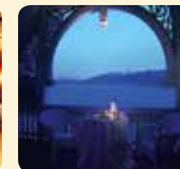


Enjoy a few wonderful days by the Sognefjord. Kviknes Hotel in Balestrand is one of the most distinctive hotels in Norway. An atmosphere of cultural heritage, an international cuisine and a well stocked wine cellar will give your senses memories for life. Not far away you will find Fjærland, the Norwegian Glacier Museum, the Flåm Railway, the Nærøyfjord and Urnes Stave Church, which draw visitors from all over the world. In 2016 The Norwegian Travel & Tourism Museum and the spectacular view on National Tourist Route Gaularfjellet were opened.

The hotel offers a variety of room categories in the modern and historic part.



Hand carved wooden furniture in the Høyvik Room.



The atmosphere is included



International kitchen

KVIKNES HOTEL

For more information: + 47 57 69 42 00 or www.kviknes.no



Midtnes Hotel



The place for you to stay in Balestrand!

Visit our website: www.midtnes.no



Midtnes Hotel • N- 6898 Balestrand
Tlf: +47 57 69 42 40 • Fax: +47 57 69 42 41
E-post: booking@midtnes.no

www.gasta.no



Nesheim cottages & camping

We have very good fishing opportunities in both the sea and in the mountains. We have 12 boats from 9.9 hp to 100 hp for rent.

We are close to one of the most beautiful hiking terrains in Western Norway, with many hiking trails.

nesheim-camping.no +47 995 26 834
post@nesheim-camping.no +47 481 35 050

Powerful experiences in the industrial town of Høyanger

"Power trips"
Nature, culture and history. All at once!

Choose between «the Power route over Bergefjellet» or «the Power duo in Høyanger» with a mountain hike on the first day and activities in Høyanger the following day.





Charming village

Rich industrial history



Fjords and mountains



Høyanger provides an unique insight in a local community founded on electricity generation. Here you will experience culture, history and a charming village from the inside!

Tourist information: +47 57 71 15 91



A tour on the Esefjord guided by Lars Arne Målsnes, a 11th generation farmer from Balestrand

Welcome to Balestrand

The very last cruise ship visited Balestrand in 2018. Since then, it's been quieter here

Since 2018, Balestrand has been cruise-free. They are no longer allowed to anchor here. This means that here there is a quiet and relaxing atmosphere with clean air and plenty of space.

have said "If only I had known what it was like here, I would have stayed a little longer." Don't make their mistake!

Check out our article "Things to do in Balestrand" by scanning the QR code below.

So when you visit, you're a real guest. And we think you'll like it here, among high mountains and fine wooden architecture

You'll meet local characters and hear our stories while you taste cider, while you hike, while you pull your fishing line. Many times we've talked to guests who





Lavik - Tlf. + 47 577 140 40 - info@lavikfjordhotel.com - www.lavikfjordhotel.com



Welcome to Øren Hotel

Øren Hotel is located by the Sognefjord. We value good service and comfort for both tourists and business travellers. 25 rooms, 35 beds. All rooms include shower/wc, TV and free wireless Internet. Some rooms with balcony. Food and drinks is served in the restaurant, bar and pub. Welcome!



Elvegata 14, 6993 Høyanger | Tlf: 57 70 76 00 | Fax: 57 70 76 01 | post@orenhotel.no | www.orenhotel.com



Fjord Cycling

Where to eat & drink

Hotels not in this list may serve buffets in the evening. Some of the restaurants are only open in the summer season, please contact the tourist information offices or see www.sognefjord.no for more information.

Lærdal



Flåm



Alle foto: Vegard Aasen, VERI Media

RESTAURANTS

Hotell Aurlandsfjord	Aurland	94 86 21 00	www.norwaysbest.com
Geiterygghytta	Aurland	90 60 14 53	geiterygghytta.dnt.no
Vangsgaarden Gastropub	Aurland	57 63 35 80	www.vangsgaarden.no
Fretheim Hotel	Flåm	57 63 63 00	www.norwaysbest.com/no
Flåmsbrygga - Flåmstova Restaurant	Flåm	57 63 20 50	www.flamsbrygga.no
Ægir BryggeriPub	Flåm	57 63 20 50	www.flamsbrygga.no
Flåm Marina	Flåm	57 63 35 55	www.flammarina.no
Gudvangen Fjordtell	Gudvangen	48 07 55 55	www.gudvangen.com
Gudvangen Pier Seafood Restaurant	Gudvangen	48 07 5555	www.gudvangen.com
Fjordtell Unesco à la carte Restaurant	Gudvangen	48 07 5555	www.gudvangen.com
Café Gudvangen (Pizzeria, bakery and coffee shop)	Gudvangen	48 07 5555	www.gudvangen.com
Heidrun	Gudvangen	46 24 5462	www.vikingvalley.no
Gudvangen Old Hotel Restaurant	Gudvangen	48 07 5555	www.gudvangen.com
Østerbø Fjellstove	Østerbø	57 63 11 77	www.aurlandsdalen.com
Aurlandsdalen Turisthytte Østerbø	Østerbø	48 38 82 87	aurandsdalen.dnt.no
Stalheim Hotel	Stalheim	56 52 01 22	www.stalheim.com
Undredal Brygge	Undredal	95 03 98 81	www.visitundredal.no
Café Rallaren	Myrdal	57 63 37 56	www.caferallaren.no
Lærdal Hotell	Lærdal	57 66 77 00	www.lerdalhotel.no
Lindstrøm Hotell	Lærdal	57 66 69 00	www.lindstroemhotel.no
Borgund Stavkyrkje og Besøkscenter	Borgund	57 66 81 09	www.fortidsminneforeningen.no
Strondi Restaurant & Pub	Årdal	57 66 58 00	www.klingenberghotel.no
Klingenberg Hotel	Årdal	57 66 58 00	www.klingenberghotel.no
Utla Cafe og bar	Årdal	57 66 00 23	www.facebook.com/utlaogbar
Tya Bakeri og Tya Bryggeri	Årdal	90 26 74 00	www.facebook.com/tyabakeri
Svalheim Gard	Årdal	90 97 03 73	www.utla.no
Eppel Bar & Restaurant	Sogndal	57 62 77 00	www.qualityhotelsogndal.no
Vågal Burger & Gin	Sogndal	57 62 77 00	www.qualityhotelsogndal.no
La Pergola	Sogndal	57 62 77 00	www.qualityhotelsogndal.no
Restauranhuset Malin	Sogndal	57 67 87 00	www.restauranhusetmalin.no
Mix Sogndal	Sogndal	417 81 300	www.mixsogndal.no
Kafé Timber Vesterland	Kaupanger	57 62 71 00	www.vesterland.no
SmakeMeir	Kaupanger	41 40 34 44	www.smakemeir.no
Fjærland Fjordstue Hotell	Fjærland	48 23 78 44	www.fjaerlandhotel.com
Henjatunet	Leikanger	41 51 17 74	www.henjatunet.no
Gaupnetunet Hotell og Hytter	Gaupne	99 20 61 10	gaupnetunet.no
Bestebakken	Hafslo	90 16 84 49	www.bestebakken.no
Eikum Hotel	Hafslo	57 68 06 00	www.eikum.no
Jostedal Hotell	Jostedal	99 22 50 49	www.jostedalhotel.no
Bryggehuset	Skjolden	57 20 30 30	www.skjolden-brygge.no
Skjolden Hotel	Skjolden	57 68 23 80	www.skjoldenhotel.no
Vassbakken Kro og Camping	Skjolden	57 68 61 88	www.vassbakken.com
Walaker Hotell	Solvorn	57 68 20 80	www.walaker.com
Tungestolen Turisthytte	Veitastrand	48 50 48 51	tungestolen.dnt.no
Nes Gard	Luster	95 23 26 94	www.nesgard.no
Kviknes Hotel og Balholm Bistro	Balestrand	57 69 42 00	www.kviknes.no
Ciderhuset	Balestrand	95 90 21 90	www.ciderhuset.no
Sognefjord Gjestehotell	Vangsnes	57 69 67 22	www.sognefjordgjestehotell.no
Blix Hotell	Vik i Sogn	57 69 65 50	www.blixhotell.no
Øren hotel	Høyanger	57 70 76 00	www.orenhotel.no
Lavik Fjord Hotel & Apartments	Lavik	57 71 40 40	www.lavikfjordhotel.com

CAFÉ / SNACK BARS

Skjerdal Stolsysteri og Kafé	Aurland	94 82 94 31	www.facebook.com/skjerdalstolsysteriogkafe
Flåm Bakeri	Flåm	57 63 63 00	www.norwaysbest.com
Furukroa Kafé	Flåm	57 63 20 50	www.flamsbrygga.no
Lobbybar, Fretheim Hotel	Flåm	57 63 63 00	www.norwaysbest.com
Travelers Cafeteria	Gudvangen	48 07 5555	www.gudvangen.com
Viking Veikro Guuvangen	Gudvangen	941 31 444	www.gudvangen.com
Borgund Hyttesenter & Camping	Borgund	90 62 08 59	www.hyttesenter.com
Cafe Fløyfisken, Sognefjord Akvarium	Balestrand	57 69 13 03	www.kringsja.no
Holmen Kafé og Sjokolade	Balestrand	95 90 21 90	www.facebook.com/Holmen-Kafe-Sjokolade
Norsk Reiselivsmuseum	Balestrand	474 53 053	www.reiselivsmuseum.no
Café Sogningen	Sogndal	57 62 99 90	www.qualityhotelsogndal.no
Caffé Prego	Sogndal	57 62 77 31	www.qualityhotelsogndal.no
Konditoriet	Sogndal	57 67 69 50	www.sogningen.no
Mix Sogndal	Sogndal	41 78 13 00	www.mix.no
Pizzabakeren	Sogndal	57 67 86 00	www.pizzabakeren.no
Dalalåven	Sogndal	57 62 48 08	www.sogndalskiseren.no
Kaffstova	Fjærland	48 23 57 24	www.facebook.com/kafeenimundal
Bøyum Camping	Fjærland	48 23 57 24	www.boyumcamping.no
Fjærland Fjordstove Hotell	Fjærland	41 00 02 00	www.fjaerlandhotel.com
Sogn Folkemuseum	Kaupanger	57 67 82 06	www.dhs.museum.no
Breheimsenteret	Jostedal	57 68 32 50	www.jostedal.com
Kafé Marifjora	Marifjora	57 68 35 00	www.torvis.no
Urnes Gard og hjortefarm	Ornes	91 53 27 84	www.urnes.no
Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vassbakken Kro og Camping	Skjolden	57 68 61 88	www.vassbakken.com
Lustrabui	Luster	90 41 48 21	www.lustrabui.no
TINE Meieriet Vik Ostebar	Vik i Sogn	24 11 25 47	www.tine.no
Blix Hotell	Vik i Sogn	57 69 65 50	www.blixhotell.no

Country code for Norway: +47



Lustrabui ©Vegard Aasen, VERI Media



Mix Sogndal ©Katrin Moe

Practical information

SHOPPING

AMFI Sogningen	Sogndal	95 19 13 00	www.amfi.no
Pyramiden Senter	Gaupne	57 68 67 05	www.pyramidensenter.no
Årdalsenteret	Årdal	48 23 99 82	www.facebook.com/ardalsenteret

FITNESS CENTRE / SPA

BesteBakken	Hafslo	90 16 84 49	www.bestebakken.no
Yt Xtra	Hafslo	57 68 46 00	www.yxhaflo.no
Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Fortun Treningssenter	Fortun	91 53 27 90	www.fortunsdalen.no
Idrettssenteret Spenst	Sogndal	57 62 90 00	sogndal.spenst.no
Årdal Gym	Årdal	48 15 66 66	www.ardalgym.no
Høyanger Treningssenter AS	Høyanger	92 89 81 80	facebook.com/hoyangertreningssenter

SWIMMING POOL / SAUNA / INDOOR PLAY PARK

Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Lustrabadet	Gaupne	57 68 56 80	www.lustrabadet.no
Høyangerbadet	Høyanger	57 71 27 00	www.hoyangerbadet.no
Friluftsbadet i Årdal	Årdal	57 66 53 71	www.sognefjord.no

BEACHVOLLEYBALL

Lyngmo Gjestehus & Camping	Hafslo
Bøyum Camping	Fjærland
Leikanger Ungdomskule	Leikanger
Grandane	Lærdal
Skjolden	Skjolden
Fosshaugane Campus	Sogndal
Vik idrettspark	Vik
Høyanger	Høyanger
Årdalstangen IL	Årdal
Svalheim Gard	Årdal

EMPTYING FACILITIES FOR CAMPER VANS

Djuvik Camping	Vangsnes
Vik Bil (Best)	Vik
Systrond motell	Leikanger
Viki Fjordcamping	Luster
Lyngmo Ungdomssenter AS	Hafslo
Bøyum Camping	Fjærland
Utladalen Camping	Årdal
Joker Gudvangen	Gudvangen



FUEL FILLING FROM THE QUAY

Balestrand Marina	Balestrand
Slindesenteret	Slinde/Sogndal
Gjeshavn	Balestrand, Flåm og Vik
Ornes Båtbyggeri	Ornes

TRANSPORTATION

Vegmelding	175 / 81 54 89 91	www.vegvesen.no
Ruteopplysning	177 eller 57 65 95 12	www.kringom.no

Bus companies

Vy Buss	40 70 50 70	www.vy.no
Nor-way Bussekspress	22 31 31 50	www.nor-way.no
Vy express	40 70 50 70	www.vy.no
Tide	5505	www.tide.no

Airlines

Widerøe	81 00 12 00 (plassbestilling)	www.wideroe.no
Scandinavian Skies	94 12 22 08	www.seaplanes.no

Car ferries / Passenger boats

Norled	51 86 87 00	www.norled.no
Ferje Solvorn-Urnes-Solvorn	91 79 42 11	www.lustrabaatane.no
Fjordl Fylkesbaatane	55 90 70 70 (plassbestilling)	www.fjordl.no
Nigardsbreen brebåt	57 68 32 50	www.brevegen.no
Fjærlandsfjorden	56 65 38 36	www.glaciertour.no
The Fjords	57 63 14 00	www.visitflam.com
Lustrabaatane AS	91 72 17 19	www.lustrabaatane.no

Taxi

Aurland / Flåm	90 13 08 08	www.aurlandtaxi.no
Balestrand	95 90 64 09	www.balestrandtour.no/en
Sogndal	57 67 10 00	www.sogndaltaxi.no
Fjærland	90 92 65 82	www.fjaerland.org
Gaupne / Luster	57 68 16 20	
Høyanger	90 82 21 00	www.hoyangertaxi.no
Leikanger	57 65 31 23	
Vik i Sogn	95 95 61 27	io.no/taxi/vik
Årdal	47 66 44 44/95 95 40 33	
Solheim Taxi (Lærdal)	41 51 01 00	www.i-laerdal.no

Car rental

Europcar/Toyota Sogn	Kaupanger/Sogndal flyplass	57 67 66 70	www.europcar.no
Hertz/Toyota Sogn	Kaupanger/Sogndal flyplass	57 67 99 70	www.hertz.no
Sogndal Bilpleie	Sogndal/Kaupanger/Sogndal flyplass	90 55 65 57	www.sogndal-bilutleie.no
SIXT	Sogndal	81 52 24 66	www.sixt.no
Kviknes Hotel	Balestrand	57 69 42 00	www.kvikneshotel.no
Balholm bilutleige	Balestrand	41 24 82 53	www.leigebil.no
Flåm Travel AS	Flåm	94 25 05 55	www.flamtravel.no/car-rental
eMobility	Flåm	45 50 02 22	www.emob.no

Rescue service

NAF Redningsteneste		08505	www.naf.no
Viking Redningsteneste		06000	www.vikingredning.no
West – maskin/Falck	Lærdal	02222	www.west-maskin.no

CHARGING STATION FOR ELECTRIC CAR

292 Aurland
Raum Gard
Luster Fjordhytter
Quality Hotel Sogndal
Hertz Sogndal
Jostedal Hotel
Vesterland Feriepark
Lærdal Hotel
Lyngmo Ungdomssenter AS
Blix Hotel
Lunden Ferie
Dragsvik Fjordhotell
Kviknes Hotel
Geir Willy Nesse Taxi
Tine i Vik
Hofslund Fjord Hotel
Sogndal Skisenter Hodlekve
Sanden Pensjonat

Vassbakken Kro & Camping
Nesheim Camping
Norsk Bremuseum
Gudvangen Fjordtell
Gudvangen Budget Hotel
Ciderhuset
Jostedal Camping
Flåm Camping
Flåm Marina
Gaupnetunet
Fjærland Fjordstove Hotell
Sogndal Bilpleie
Sognefjord Cabins
Lindstrøm Hotel
Nes Gard
Eikum Hotel
Joker Gudvangen
Fretheim Hotel

Hotel Aurlandsfjord
Viki Fjordcamping
Sognefjord Hotel
Fortun Bensinstasjon
AMFI Sogningen
Skjolden Hotel
Sognefjord Gjestehotell
Midtnes Hotell
BesteBakken
Sognefjord Hotel
Maristuen Fjellferie as

Maps showing where
public charging stations
can be found here:
www.ladestasjoner.no/kart



Tindevegen – the great road connection between Sogn and the National Park
The Tindevegen road is the tourist route between Årdal and Turtagrø. It is located
between Norway's spectacular fjords and the mountains in Jotunheimen National
Park. From Tindevegen you will have the magnificent views of Norway's highest
peaks and the mountains of Breheimen National Park. Tindevegen is known as
«the Short cut through Jotunheimen». Season: May-November.
Read more at www.tindevegen.no



USEFUL PHONE NUMBERS

DOCTOR 116117

Aurland Legekontor
Balestrand legekontor
Leikanger legeteneste
Luster legesenter, Gaupne
Lærdal legevakt
Sogndal Legesenter
Vik legekontor
Hoyanger legekontor
Øvre Årdal legekontor
Legekontor Årdalstangen

Weather

yr.no
storm.no

Tour information

ut.no

Country code for Norway : +47.

EMERGENCY NUMBER

FIRE: 110 | POLICE: 112 | AMBULANCE: 113 | DOCTOR 116117

We are not to be held responsible for mistakes or changes in the given information.





Jostedal
NORWAY

Brevandring
www.bfl.no

Rafting
www.icetroll.com

Kajakkpadling på brevatn
www.icetroll.com

Tur på fjell og bre
www.norgesguidene.no

Besøkscenter nasjonalpark
Breheimsenteret
www.jostedal.com

Jostedal Hotell
www.jostedalhotel.no

Jostedal Camping
www.jostedalcamping.no

Veg og båt til breen
www.brevegen.no

Jostedalen





Informasjon/booking:
Breheimsenteret
6871 Jostedal
+47 57 68 32 50
jostedal@jostedal.com
www.jostedal.com



vitemeir

**experience
explore
achieve!**







The science center ViteMeir, is a place where you and your family can play, discover, learn, and explore.

To plan your visit go to www.vitemeir.no

ViteMeir | Skarpeteigvegen 2, 6854 Kaupanger | +47 414 03 444 | post@vitemeir.no

FJORDCRUISE SOGNDAL



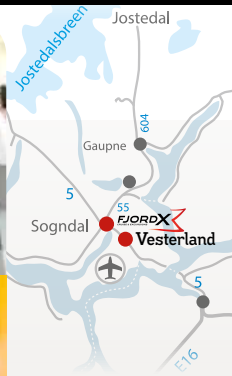
Historic viking cruise

Sogndal – Fimreite – Sogndal
Learn about one of the most important viking battles for the throne of Norway, and the intense hunt for a Soviet submarine during the cold war. (1h 40 min).

Cozy evening cruise

Sogndal – Årøy – Sogndal
A slow calm evening cruise in stunning nature. Sails to the delta of the famous Årøy River. One of the best salmon rivers in Norway (1 hour).

DAILY DEPARTURES FROM SOGNDAL ALL SUMMER!



Welcome to Vesterland

- Cabins
- Hotel
- Camping
- Restaurant
- Swimmingpool
- Kids pool
- Indoor playland
- Bike rental
- Gym
- Squash courts

Vesterland
Feriepark

(+47) 57 62 71 00 | adm@vesterland.no

www.vesterland.no